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*For: Bank*

# *English Herbal:*

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A Discovery of the Physical Vertues of all Herbs in this Kingdom, what Planet governs each Herb, and how to gather them in their Planetary Hours.

CONTAINING

Some hundreds of Medicines

Made of

ENGLISH HERBS,

Whereby any Person may keep his Body in health, or cure himself when sick, for a small Charge, with such Herbs and Roots as naturally grow in *ENGLAND*.

*Collected for a General Good.*

Sold by *A. C.* at the Ring in Little-Britain.

## Reader,

**Y**OU have herein an Account of the Herbs growing in England, and the Planet that rules 'em, that you may know how to gather 'em in their prime. The Planets are the Sun ☉ Sunday, the Moon ☾ Monday, Mars ♂ Tuesday, Mercury ☿ Wednesday, Jupiter ♃ Thursday, Venus ♀ Friday, Saturn ♄ Saturday. Observe that every Planet governs the first Hour after Sun-rise upon his Day, and the next Planet to him takes the next Hour successively in his order; so be it any Day, every 7th Hour comes to each Planet successively; for instance, If the Day be Friday, then the first Hour after Sun-rise is Venus's, the next Saturn's, and so on till it comes to Venus again. If you gather Herbs in their planetary Hour, some say you may do great matters, otherwise not; but be sure in gathering your Herbs you gather the most juicy, so dry 'em in the Sun, which some say is much better than Shade, and keep 'em in Paper Bags.

Mr. Cole lays no stress on Planetary Hours further than that the Sun and Moon have influence over 'em, the first for Heat, & other for Moisture; but that the Full Moon is a good time to gather Herbs whence the Juice is to be taken. Those you gather for Winter Use, do it before they run to Seed. Flowers gather in their prime; dry and lay up Seeds full ripe; Roots keep near the Fire, or they will rot: Barks newly gather'd are best. Other Authors say 'tis best to gather Herbs when they are full of Juice, on a clear Day, when the Dew is gone off 'em. Flowers gather when full blown, Seeds when they begin to dry, Fruit quite ripe, Roots before they begin to spring; and dry 'em carefully either in Sun or Shade, it matters not.

NB. Our English Herbs make as wholsom Tea's as foreign, sweeten'd with Sugar or Syrup; and you may make 'em with Syrups or Berries of what Colour and Taste you please.



## Notable Things;

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## English HERBAL.

**A** Leboof, Ground-Ivy, Gill, or Coltsfoot, grows in Hedges and in shaded Lanes; 'tis an Herb of Venus, and cures the Diseases she causes by Sympathy, and the Diseases of Mars by Antipathy. Sudden in Swines-grease, it's a good Ointment for all Aches; 'tis excellent in Tea: It's also good for all inward Bruises, Wounds, Ulcers, &c. boil'd either by itself or other Wound-herbs; it easeth all griping Pains or Wind in Spleen, Stomach, or Sides; it cures the Jaundice, expels Venom, Poyson, and Plague: 'Tis good against the Gout, and provokes Urine: Being put in Ale, it clears it in a Night's time, and cleanses the Blood. The Juice drop'd into the Ears, helps Noise and Deafness.

Agrimony, an Herb of Jupiter, grows on Banks by Hedges or other Fences. It is moderately dry and binding, temperate as to heat, cleanses the Liver and Lungs, helps the Jaundice, and is profitable for the Bowels, healing inward Bruises, Wounds, and Putrifactions. Boil'd in Wine and drank, 'tis good for biting of mad Dogs, stinging of Serpents, &c. It cures and clears filthy muddy Urine, helps Coughs, stops a Bloody-flux; made into a Salve, it cures Cancers, old

old Sores and corroding Ulcers; draws forth Splinters, Thorns, and Iron got into the Flesh: It strengthens disjointed Limbs. The Juice dropt into the Ears, is good against Imposthumes; a Tea made of it, is good for sore Throats: It's a great Strengthner of the Liver and whole Body, purifying the Blood, used either in Ointment, Decoction, Diet-drink, or as you please. There's also a Water-Agrimony has the same Vertue. Being burnt, the Smoak drives away Gnats, Wasps, Flies, and other Insects. A Draught of the Tea is good against Agues, taken before the Fit comes.

*Acorns*, see *Oak*.

*Adders-tongue* grows in Meadows and moist places, and is govern'd by the Moon in *Cancer*, but dry in the third degree: 'Tis good for green Wounds whether drank by Decoction or boil'd in Oil. It makes an excellent green Balsam, like that of *St. Johns-wort*.

*Alkanet*, an Herb of *Venus*, is good for old Ulcers, Inflammations, *St. Anthony's Fire*, &c. If you make a Vinegar of it, as you do of *Roses*, it cures Leprosie and Morpew: Apply it to the Womb, it drives out the dead Child; it helps Bruises, is excellent to bring out the Small-pox and Measles; it's also good in green Wounds; a Decoction with *Hydromel* drank, helps the yellow Jaundice.

*Ague-tree* (*Sassafras-wood*) a Decoction in Water drank, helps a Dropsy, cures Agues, expels Wind, creates an Appetite, helps the French Disease; being laid in a Bed, it drives away Bugs: It sweetens the Breath, and helps Coughs, Colds, &c. It grows in the *West-Indies*.

*Allheal* grows in Gardens; 'tis an Herb of *Mars*, being cholerick, hot, and biting. It helps the Gout, Cramp, Convulsions, kills Worms, provokes Urine, and helps all Joint-aches; 'tis good to cure Grievs of the Head, Lethargy, Falling-sickness, Vertigo, Wind-Cholick, Obstructions of the Spleen, Liver, and Stone in Kidnies or Bladder: It provokes the Terms, and purgeth gently.

*Amara*

*Amara Dulcis* grows mostly in shady and moist places: It removes Witchcraft from Man and Beast, by wearing it about the Neck; apply the Berries bruised to Felons, stamp'd with ruddy Bacon, cures 'em. It is under *Mercury*. If both Wood and Leaves be boil'd together in Whitewine, and drank in a Morning, opens Obstructions, helping Dropsy and Jaundice.

*Aloes* mixt with *Rosewater*, and anointing, kills Crablice; 'tis purgative, and one chief Ingredient in Pills; one or two Pills of washt *Aloes* may be us'd by such as are costive, dimn-sighted, heavy-hearted, or otherwise indispos'd. *Roseate Aloe-Pills* are gentle Purgers, very good against yellow Jaundice. There are 4 sorts, distinguish'd by their purity or fineness; *Aloes Caballina* is the blackest, *Aloes Hepatica* are Liver-colour'd and finer, *Aloes Cicatrina* are of a Citron-colour, or from the Tree *Cicatoria*; *Aloes Lucida* are the brightest and best, purging gently.

*The Scotch Pill* (I suppose) is thus made:

Make a strong Decoction, a handful of *Rue* in a pint of Water, in which dissolve a pound of *Aloes*; when well dissolv'd, pour off all the liquid, leaving the gummy Sediment behind; then evaporate over a gentle Fire, in a clean Pipkin, the watery consistence till it comes to the thickness of a Syrup; mix in this an ounce of *Myrrh* finely powder'd, and a dram of *Saffron* (or two) in powder, holding the *Saffron* before the Fire a little: As it cools make it into small Pills with Powder of *Liquorice*, and take 1, 2, or 3 at any time, an hour after Dinner or at Night.

*Alexanders* grow usually in Gardens; 'tis an Herb of *Jupiter*, therefore healthy and friendly to those that use it; hot in the 3d degree. It opens Obstructions of the Liver and Spleen, provokes the Courses, brings away the After-birth, provokes Urine, helps Strangury, is good against Poyson and biting of Serpents, and excellent in Broth for cold Stomachs.

*Alder-tree* grows in moist Counties and Places; 'tis a Bush of *Venus*, and under *Cancer*. The Bark, Buds,

Leaf,

Leaf, and Flowers are cooling, drying, and binding, easing Pain, excellent for all Inflammations, Scaldings, Burnings, and Swelling; either in Ointment or Pulverice. If the Leaves are laid to gaul'd Feet in walking, they are very refreshing: They gather all the Fleas in your Room together, if a handful fresh is laid there, so throw 'em suddenly away.

*Anemones* grow in Gardens, and are under the dominion of *Mars*. They cure Leprosie by bathing it with a Decoction of the Leaves, and provoke the Terms much: The Root chew'd brings away many watery Humors; it's good in an Ointment against malignant Ulcers; likewise against Lethargy, the Juice snuffed up, mightily purges the Head.

*Amaranthus*, it's under *Saturn*, and grows in Gardens. The Flowers dry'd and powder'd, stop the Terms, if drank in Wine and Honey boil'd together; it mightily cures lustful Passion. The Herb boil'd in Wine, and the Fundament fomented, helps the Piles and stops their bleeding. The dry'd Herb laid among Cloaths prevents Worms and Moths. The Seed is an excellent Bait for Fish.

*Arach*, it grows on Dunghills. This stinking Herb is govern'd by the Moon, and is a sure Remedy in Fits of the Mother, being smelt to; 'tis cold in the first, and moist in the second degree; it loosens the Belly, and vomits also; a Decoction drank cools St. Anthony's Fire, and is good for Matrix Infirmities.

*Angelica* grows in Gardens, 'tis govern'd by the Sun in *Leo*, and best if gather'd in *August*, when the Moon is in a good Aspect in his House, and when the Sun is angular: This the Astrologers say, and farther, That both this, and all other Herbs, if rightly observ'd, will perform Wonders. It resists Poyson and all Infection, corroborating the Heart, Blood, and Spirits, whether in Water distil'd, Decoction, or the Stalks candy'd: It moves the Terms, brings away the After-birth, helps Fluxes, and is a Cordial Herb.

*Archangel* or *Dead-Nettle*, the red and white grow in

in most places: 'Tis an Herb of *Venus*, hot and dry in the 2d degree, and good against all Obstructions of the Spleen decocted in Wine: Apply also the Herb outwardly, the Flowers of the white stop the Whites in Women, and those of the red the other. It makes the Heart cheerful, removes Melancholy, cures Agues, stops bleeding, dissolves hard Tumors and Swellings, even the King's Evil, and easeth Gout-pains. Bruis'd with some Vinegar and Salt, and mix'd with Hogs-grease, it's good against Bruises, Ulcers, Burns, &c.

*Arsmart* grows chiefly in watery places that are dry in Summer; one sort is mild, the other biting; the mild is under *Saturn*, the hot is govern'd by *Mars*. It consumes cold Swellings, is very good against Ulcers and congeal'd Blood in Man or Beast; being held to it, it cures the Tooth-ach. The hot sort strew'd in your Chamber, kills Fleas; the Juice of the cold put to any Cattles Sores, will drive away Flies; hot *Arsmart* put under a Horse's Saddle, makes him travel the better.

*Asarabacca* grows in Gardens, and is under *Mars*, no Friend to Nature, being hot and dry in the 3d degree: Boil'd or infus'd in hot Wine all Night, it works by Urine, Stool, Vomit, &c. purges Choler and Phlegm, is good against the Dropsy, and forces down the Terms: 'Tis better infus'd than boil'd. The Roots have the same Vertues, but not safe for weak Bodies. The Decoction is good to bath the Head, strengthen the Memory, and comfort the Brain when 'tis afflicted with Cold. Beware how you use this.

*Asparagus* grows chiefly in Gardens, and is under *Jupiter*; 'tis friendly to Man, and hot and moist by Nature. The young Branches boil'd in fresh Broth, make the Belly soluble; boil'd in Whitewine, they purge by Urine, curing the Strangury: Decocted, it clears the Sight; held in the Mouth, it cures the Tooth-ach; it stirs up Venery. A Bath made of it, takes away Pain from any part of the Body; and the young Tops boil'd in Milk tastes like Pease-pottage.

*Ash-tree* is govern'd by the Sun, the Leafs, Keys, Tops and Bark are very hot, biting, and opening, a certain Cure for the Dropsy and stoppage of Urine in the Reins or Bladder: Decocted in Whitewine and drank, it cures the Jaundice, Leprosie, Scabs, or Scald, if therewith they are bath'd.

*Avens* is under *Jupiter*, hot in the 2d degree: It is very good for Stoppings of the Breast or Stomach, Pains or Stitches in the Side or Pleuretick Parts; it dissolves bruised or congeal'd Blood, and helps Blood-spitting; it strengthens the Brain and Stomach. The Decoction drank, cureth Bursienness and Ruptures; it prevents Infection, helps Digestion, opens Obstructions of Spleen and Liver.

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*Balm* makes good Pottage of excellent Nutriment, grows in Gardens, and is under the government of *Jupiter* and *Cancer*, hot and dry; 'tis so friendly and fragrant that it strengthens Nature in all its Faculties. Take the Decoction in Wine or Syrup, or the Water distilled is an excellent Cordial, it cheers the Heart and Spirits, comforts the Brain, drives away Care and Melancholy, cures the Tooth-ach, the Bloody-flux, Vapours arising from Spleen; and for all cold Stomachs 'tis an excellent Remedy. *Sage* and *Balm* makes a good Tea, so does *Balm* and Sweet Marjoram, or *Sage* and *Mint*: *Elderberries* boild with Tea, or Syrup of *Elder*, or *Brambleberries*, or *Rasberries*, colours Tea, and is very wholesome.

*Barberries* grows in Gardens, is a Shrub under *Mars*, and purges by Urine much, freeing the Body of Choler and yellow Jaundice. If you boil the inner Bark in Sherry, and drink every Morning a quarter of a Pint, it's very good against Agues, all cholerick Effects, Tettars, Ringworms, Itch, &c. The Berries, conserv'd or otherwise, alays Thirst, is good in Fevers, creates an Appetite, and strengthens the attractive Faculty. The Leaves taste like Sorrel; it's good (either Syrup or Berries) in Sage Tea.

*Barley*

*Barley* grows in Fields, and is govern'd by *Saturn*. It is not good for Melancholly People, being more cooling than *Wheat*, but is more cleansing. *Barley-Water* is good in Fevers, and for hot Stomachs, for Agues, and for costive People: It is excellent in Poultices, if you boil it with some Vinegar. *Barley-Flour*, some Figs mash'd, and a little Honey added, made into a Poultice, dissolves hard Imposthumes, Swellings, and Inflammations, apply'd hot; it is also proper to add Camomile Flowers, if there be Pain, with Fenugreek-seed and Linseed powder'd, which will take away Pains and Swellings from any part of the Body. When it is malted, it is then hot and nourishing, as you find by the good Liquor drawn from it in brewing.

*Basile* groweth in Gardens, and is under the Government of *Mars*. It is hot and moist, and very tender; it is reckon'd dangerous to be taken inwardly. *Mizaldus* says, that often smelling to it breeds a Serpent in the Head; there is an Antipathy betwixt it and Rue: It is of a hot and fiery quality, and if it is rotted in Horse-dung, it will breed Serpents. It is sovereign against the biting of any venomous Beast, or Serpent's Sting, by drawing the Poison out. Dr. *Peachey* says, 'tis an Ingredient of three compound Waters, viz. Gilbert-water, Briony-water, and Celestial-water.

*Bay-tree* grows in Gardens, is under the Sun, and the Coelestial Sign *Leo*. It is hot and dry in the third degree; it is wonderful in Vertue, and very refreshing in its fragrant Smell: The Leaves of it powerfully resist Drunkenness, and all evil effects of the Brain, as Vertigo's, Swimmings, all windings of the Stomach, and is good against Gripes and Cholick, and kills Worms. Either the Berries, Leaves, or Bark, are very sure and effectual good to prevent Infections, and resists Pestilence or Plague, also all evil Influences and Witchcraft. It cures Numbness, Convulsions, Cramps, Palsies, and Lameness, made into Oint-

Ointments, Oyls, or Baths, &c. laid among Cloaths preserves them from Moths, and gives a wholesome Smell.

*Beans* grow in Gardens and Fields, and are under *Venus*. They are Cold, Dry, very Windy and Binding: The Flowers and Pods distill'd, yield a Sovereign Water to smooth and beautify the Face from Spots, Wrinkles, and other Deformities. Field Beans are excellent in Poultices, to assuage Swellings, Inflammations of Womens Breasts, or about Wounds; for any part swell'd, make a Poultice of Bean-flour with Wine and Vinegar, and Oyl of Camomile; 'tis good for the Cods swollen, Bruises, Pains, or Wounds of the Sinews, Sciatica, or Gout. Beans often eat, causeth Noises troublesome to the Brain: Bean-flour and Fenugreek, mix'd with Honey, cures Fellons, Bruises, Boils, &c.

*Beans, French*, grows in Gardens, and belongs to Dame *Venus*. Being dried and beaten to Powder, a dram drank in Whitewine, strengthens the Kidneys, prevents the Stone, loosens the Belly, provokes Urine, and encreases Seed and Lust. They are good to eat when boil'd.

*Beets*, White and Red; the White is govern'd by *Jupiter*, the Red by *Saturn*. The Red Beet boil'd and eaten with Butter and Vinegar, is a pleasant Food, helps Digestion, and is opening; pickled, they are cooling Sauce. The White Beet doth more loosen the Belly, and provoke Urine; the Juice of the Leaves opens Obstructions of the Liver and Spleen, helps Burnings and Swimmings of the Head: The boil'd Herb is good to lay upon Chilblains, Blisters, Cankers, Blains, and prevents Hair falling off, and Baldness. Red Beets stops the Bloody-flux, Womens Courses, and cures the yellow Jaundice; the Juice put into the Nostrils, purges the Head, and cures the Tooth-ach.

*Ladies Bedstraw* grows in Meadows and Pastures, is an Herb of *Venus*, being in Nature hot and dry: It

It is very powerful upon the Parts of Generation, to strengthen them. A Decoction of the Flower or Herb, drank, dissolves the Stone, provokes Urine, stoppeth Bleeding inwardly, and healeth Wounds inwardly; being made into an Ointment, it heals Scalds and Burns: The Decoction or Ointment is good to bathe or anoint swell'd fore Feet of Travellers; the Ointment cures the Itch, is good for the Joints, Sinews, and Arteries, and cures Pains and Colds.

*Blackberry-bush*, or *Bramble-bush*, belongs to *Venus*, and grows in Fields: The Fruit is good against Ulcers, sore Mouth and Throat, Quinzy, &c. it heals Wounds, if wash'd with the Decoction; 'tis often us'd in Mouth-water, made with other Herbs, a little Vinegar, Honey, and Allom added. The Berries are good for Fluxes, Lasks, Sores, Spitting of Blood, and helps all Sores of the Privities or Fundament; if you wash with a Decoction, the Berries are, for a sore Throat, near as good as Mulberries.

*One-Blade* grows in Woods, shady and moist Places, and is under the *Sun*. The Powder of the Root, or the Root boil'd in Wine, or made into Tea, is very Cordial; if given in Wine, and sweat upon, it is good against the Pox or Plague. It is a good Wound-herb, old or new.

*Blites* grow in Gardens, and other Places; there are several sorts: They are under Dame *Venus*, and are of a cold and dry quality, greatly binding in Lasks and Fluxes. Red *Blites* stop Womens Terms: The White stops the Whites; and remember this, that all Red Flowers are good to stay the too great Fluxes, or Womens Terms.

*Blew-bottle* grows in Corn-fields, by Nature cold, dry, and binding, and are govern'd by *Saturn*. They are successfully given in Powder in Plantane-water, or Comfry-water, for Bruises by a Fall, or spitting of Blood; if taken in Wine, 'tis good against Poison, stings of Serpents, bad Air, Plague or Pettilential Fevers. Green Wounds are speedily cur'd by its Juice; also



also Ulcers, fore Eyes, Imposthumes in the Ears, or fore Mouth.

*Borage, Bugloss, Langue de Beuf*, they grow in Gardens and High-ways, and are much of the same Nature. All three are under *Jupiter*, by Nature they are hot and moist: They strengthen Nature against Pestilent Fevers, resist Poison, and are very Cordial. The Seed and Leaves boil'd in Posset-drink, encrease Milk in Womens Breasts, is good against Melancholly, and purifies the Blood; 'tis also good against Fevers, as has been often experient'd. *Borage*, or *Borage* and *Sage* makes good Tea, and with Syrups and Berries you may colour Teas.

*Brank Urfine* grows in Gardens, and is govern'd by the *Moon*: Boil'd and given in a Glyster, it loosens the Belly; the Decoction drank, is good against a Flux of the Blood; apply'd to the Kings-evil it is good, and a speedy Remedy against Ruptures, and Burnings inwardly or outwardly applied; it helps the Gout, Cramp, and Consumption.

*Briony* grows on Banks, and under Hedges; it is under *Mars*, hot and dry by Nature; great Care is to be taken in using it, but if well corrected, it powerfully purges Phlegm and watery Humors, is good in Dropsys, provokes Urine, opens Obstructions of the Liver and Spleen, cleanses the Reins, prevents Suffocation or Fits, cleanseth the Womb, expels the dead Child and Afterbirth, and bringeth down the Courses: 'Tis likewise good for Shortness of Breath and Coughs. If an Electuary be made of the Roots with Honey, first being bruis'd, and apply'd, 'twill draw forth splinter'd Bones.

*Brooklime* grows in shallow watery places, and is hot and dry; 'tis govern'd by *Mars*. The common Use of it is in Spring Pottage and Diet-drinks, to cleanse the Blood and tout the Scurvy: 'Tis likewise good against the Stone, cures Inflammations, and moves the Terms.

*Broom*

*Broom* grows in Fields and on Heaths, is govern'd by *Mars*, hot and dry in the third degree; 'tis very bitter: If boil'd in Wine, and drank, 'tis a sure Remedy for the Dropsie, Gout, and Jaundice. It cleanseth the Reins, Spleen, and Bladder of Gravel and Stone, and prevents its generating. The young Tops made into an Ointment with Hogs-grease, cures Sciatica and other Pains; decocted or boil'd, it cures the black Jaundice, Ague-fits, Tooth-ach, Stitches, Wind, and kills Lice.

*Buckthorn (Plantane)* grows in sandy and many other Places, is an Herb of *Saturn*, being cold, dry, and very binding. 'Tis excellent against the biting of mad Dogs or Serpents, if apply'd to the Place bitten. The Roots boil'd in Whitewine, opens Obstructions, provokes Venery, expels Gravel, stops the Nose bleeding, Lask of the Belly, and Bloody-flux. The Herb boil'd in Posset-drink, cures the Defluxion of hot Humours in the Eyes, and all sore Eyes.

*Betony (Water)* grows in Ditches and on Banks, is under *Jupiter* in *Cancer*, hot and dry in the second degree; for Wounds 'tis a good Herb, and may be very effectual for old Ulcers, Bruises, and Wounds, the Juice boil'd in Honey, wet your Tents and Lint therewith, and apply it. The Water distill'd is good for Sun-burnt Hands or Face.

*Betony (Wood)* grows in Woods and shady Places, this is also under *Jupiter*. This, as the Elder, hath so many Vertues, that a Book hath been written on them. It fortifies the Heart and Liver, prevents Epidemical Diseases, helps Digestion, encreases Appetite, cures the Falling-sickness, Jaundice, Palsie, and Witchcraft. If you take the Root, Flowers, or Herb in Broth or Decoction, Conserve or Syrup, Electuary or Powder, all work the same Cure: It cures the Dropsy, Scurvy, Gout, Frenzy, short Breath, Worms, Stone, Obstructions, Tooth-ach, biting of venomous Beasts, Boils, Fistula's, Distempers in the Bladder or Reins,

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Reins,

Reins, helps Women in Travail; the Fume of the Decoction taken in at the Ears, eases them.

*Beech-tree* grows among Oaks, is under *Saturn*, and is cold, dry, and binding. *Beech-tree-leaves* are good apply'd to hot Swellings to disperse them, and there is often found in Old *Beeches*, a Water that cools hot Swellings, and disperses them, and cures Tettars, Itch, Scabs and Scurfs in Men or Beasts, wash'd with it. The Nuts or Masts are nourishing to Beasts that eat it, and an Oyl is now made of the Mast to eat with Sallads, little inferior to *Salad-Oyl*.

*Bilberries* grow on Heaths, there are two sorts, Black and Red; they are under *Jupiter*: The Black are good in Feverish Agues, they cool the Stomach, Blood, and Liver, and are a little binding; they strengthen the Stomach, stay Vomiting and Loathing; the Red are most binding: They stop Fluxes and the Terms; their Juice, made into a Syrup, is good against the Diseases before-mention'd; 'tis also good against spitting of Blood, old Coughs, Agues, or Ulcers in the Lungs. They make a pleasant and wholesome Tea with Sage.

*Boisoyl*, or *Twayblade*, is found in Copfes and Woods; another sort of it grows in wet Grounds and Marshes: 'Tis govern'd by *Saturn*, and is dry and cold. In all Wounds 'tis very binding and consolidating, for Ruptures 'tis admirable both outwardly and inwardly apply'd.

*Birch-tree* grows in Woods, is under *Venus*, and by Nature hot and dry. If you drink the distill'd Water of the Leaves, or the Water that comes out of the Tree when 'tis pierc'd, it breaks the Stone in the Reins and Bladder: If the Water is distill'd, it serves for a Wash that beautifies the Face. 'Tis a good Water for a sore Throat or Mouth; a Coal of the green Wood beaten to Powder, and apply'd, stops bleeding speedily.

*Birds-*

*Birds-foot* grows on Heaths and barren Ground, is under *Saturn*, and of a drying, binding, healing quality: It helps a Rupture, outwardly or inwardly applied; the Stone it also breaks.

*Bishops-weed* grows wild in most Places, and is under *Venus*; this Herb is hot and dry in the third degree: 'Tis in taste sweet and bitter, and is very opening. 'Tis excellent in Consumptions, expels Wind, provokes the Courses, and breaks the Stone; taken in Wine, it hinders the poisonous effects of any Poison; being decocted and drank, it cures a red Face, and makes it pale, if applied outwardly. It also takes away Bruises or Deformities of the Skin, making it pale and fair.

*Bistort* (*Snakeweed*) grows in moist Woods, but mostly in Gardens, there is two sorts, 'tis under *Saturn*, cold and dry. This Herb is a great Antidote against Poison; the Root powder'd driveth out the Small-pox, Plague, Measles, or any Malignity: The Root decocted doth the same, and helps spitting of Blood, inward Bleedings, and all Fluxes in Women or Men; is good against Vomiting and Loathing, Ruptures, Bruises, or Bursen: It cures the Jaundice and eases Pains. The distill'd Water, or Decoction, is good to wash the bites of mad Dogs, or other venomous Beasts; being drank, it cures Abortion. A dram of the Root taken in some of the Water, for some time, cures the running of the Reins; injected into the Womb, heals Ulcers; it stops Fluxions applied to any part.

*Buckshorn* (*Sanguinaria*) grows in barren sandy Ground; 'tis an Herb under *Saturn*, being one sort of *Plantane*: Its Vertues are much the same, being cold, dry, and binding. It stops bleeding where-ever applied, and destroys Warts.

*Bugle* is a sort of *Comfry* that grows in Woods, is govern'd by *Venus*, and temperately hot, 'tis a good Wound-herb, applied outwardly or inwardly: It cures Ulcers, Fistula's, and Gangrenes, by Ointment,

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Decoction, Water, Powder, or Syrup. It cures the Night-mare, strange Fears or Sights in the Night.

*Burnet* grows in Gardens, and also wild; 'tis an Herb of the *Sun*, an excellent Herb to keep the Body in Health, for as the *Sun* preserves Life in all, so his Herbs are most cordial to all. Boil'd in Wine it preserves the Brain and Heart from all Infection, Pestilence, nay, it enlivens the Spirits, tho' it be but put into a Glass and look'd on, it cures Melancholy; it cures a Dysentery or flux of the Blood, Diarrhoea, Vomiting or Loathing. 'Tis admirable in its Vertues used any way.

*Butter-bur* grows in moist Ground, Marshes, and by the Water-side; 'tis under the *Sun*, hot and dry in the third degree. 'Tis most cordial to the Heart and Spirits, and very bitter; the Roots are good against the Plague and Small-pox, when infected, sweating out the Malignant Matter, boil'd in Wine or Posset-drink. Also the Powder of it, drank in Wine, is good against Suffocation or want of Breath; it provokes Urine and the Courses, and kills all sorts of Worms in Old or Young. The Powder of the Root dries up all Sores that will not yield to other Medicines, and takes away Blemishes and Spots.

*Burdock* is a stinking *Bur* that grows by the sides of Ditches any where; 'tis under *Venus*, and cold in the first degree. 'Tis so attracting that the Seed or Leaves draw the Matrix upward or downward; if you apply the Leaves to the top of the Head, it draws it upward, if to the soles of the Feet, it draws it downward; if you would stay it in its due place, bind a Leaf to the Navel: 'Tis good for old Sores and Ulcers. The Root is excellent for the Stone, Lask, or Consumption, either preserv'd or otherwise. The Seeds are used to break the Stone, and for other Uses, as before said.

## C

*Cabbages* and *Colworts* grow in Gardens; they are Plants of the Moon, cold and dry, and if you eat 'em with

with Vinegar you can scarce be drunk; those that be drunk by eating it, may soon be sober. They prevent Surfeits, taken before Meat. Colworts boil'd cureth swell'd Legs, Gout-pains, &c. bath'd therewith: The Broth also helpeth the Bitings of Serpents, or if taken in Wine. They are but windy Victuals, and somewhat offensive to the Eyes. The Sea-Colwort cleanseth and digesteth more than the common sort; apply them to Sores or Inflammations, they cure 'em. A Decoction of Sea-Colworts opens and purges more strongly than Garden-Colworts.

*Camomile* grows in Gardens, and is govern'd by the *Sun*; 'tis hot and dry in the 2d degree. 'Tis a great Cordial, giveth Ease and causeth Sweat if the Flowers and green Tea boil'd in Water or Wine and drank; it sweats strongly, eases Pain at the Stomach, and cures Agues; it's good in Glysters, Poullices, and Ointment; bathing with it is good against the Stone, and brings down the Courses. In any sort of Ague, boil a handful in a pint of Ale till half be consum'd, then strain and drink it before the Fit comes, and sweat; do so three times, and it cures. Oil of Camomile put in a Vial, and some Worms put in kill'd, and bait your Hook with them, the Fish will bite eagerly. *Lemery*, p. 15.

*Calamint*, or *Mountain-Mint*, groweth on high Grounds, is an Herb of *Mercury*, hot in the third degree, dry in the second. If the Brain is afflicted from a cold Cause, it's excellent good, for it strengthens the Memory, enlivens the Mind, and (a Decoction being drank) quickens the Senses; it provokes Urine and the Courses, is good for shortness of Breath, Cholick, Convulsions, Cramps, and wonderfully stays Vomiting, but hinders Conception; being boil'd in Wine, and drank, it opens Obstructions of the Spleen and Liver, and cures a Leprosie.

*Calthrop's* (Water) 'tis a Water-Herb, tho' seldom us'd; there's two sorts, and they are under the government of the Moon, cold in the 2d degree. They are

are good against the Stone, Gravel, Kings-Evil, all Inflammations and Swellings, resist Poyson of venomous Beasts. It's used by Decoction, drank or in Poullice outwardly.

*Campions* (wild) grow by Hedge-sides; there are many sorts of it, and they're under *Saturn*, but of a cold quality. Taken in Decoctions, it stops Bleeding inwardly or outwardly apply'd, it resists Poysons, the Plague, breaks the Stone and Gravel, cures Fistula's, Cancers, Ulcers, Imposthumes, &c.

*Carduus Benedictus* (*Blessed Thistle*) grows in Gardens, is under *Mars* and the Sign *Aries*; 'tis an excellent Remedy for the Pleurisie, Jaundice, Pains in the Side, purges the Blood, by drinking the Decoction or distill'd Water; it helps Tetters, red Faces, French Pox, Plague, Ringworms, &c. by sweating often with it; it provokes Urine, cures Agues, and strengthens the Memory.

*Carrots* (wild) grow in Fields, and it's to be observ'd that all wild Herbs are more effectual than Garden Herbs in Physick. *Mercury* governs this, and 'tis hot and opening. The Root eaten, or Decoction, breaks the Stone, provokes Urine, expels Wind, and the Courses, is good against the Dropsy; boil'd in Whitewine, it helps Conception. The Seed is more physical than the Root.

*Caraway* usually grows in Gardens, 'tis under *Mercury*, hot in the 3d degree; the Seed is hot, biting, expels Wind, provokes Urine and the Terms, helps Digestion, remedies the Cholick and a cold Stomach.

*Celandine* grows in Gardens, by Hedges and old Walls, is govern'd by the *Sun* and *Leo*, hot. Made into an Ointment, 'tis excellent for sore Eyes: The Herb decocted, or otherwise taken inwardly, cures the Jaundice, Obstructions of the Liver, Gall, Dropsy, Pestilence, Tetters, Ulcers, Worms of all sorts, Fats of the Mother, beautifies the Face. Gather it in its proper Hour, and it's effectual.

*Celandine* (*Figwort*) grows near the Water, or in Shades, is under *Mars*, and is hot and dry. 'Tis reported to be an effectual Remedy for the Kings-Evil or hard Swellings about the Throat, being made into a Poullice or Decoction of Herbs and Roots. Made into an Oil or Ointment, it cures the Piles or Hemorrhoids; Or if the Root be worc next the Skin, it cures the above-mention'd Ailments, tho' it touch not the place.

*Cellary*, see *Sallary*.

*Centaur* grows chiefly in Pastures; all the sorts are under the *Sun*, hot and dry in the 3d degree. This Herb decocted, purges the Blood, expels Wind and all cholerick and gross Humors, is good in Glysters: In Gruel it creates an Appetite, helps Sciatica, Gout, Dropsy, Green-sickness, Spleen, it kills Worms, and helps Cholick-pains.

*Charlock*; the Seed of these wild Turneps are hot and dry, as Mustard-seed, warming the Stomach.

*Chervil* grows in Gardens, is under *Jupiter*, hot and moist. A Decoction, or the Juice drank, dissolves congeal'd Blood: Or the distill'd Water breaks the Stone, provokes Urine, expels Gravel, brings down the Courses, helps the Pleurisie, and (if candy'd) is good against Infection. In Pottage eat with Bread, Butter, and Salt, 'tis good Food, warms the Stomach, and preserves the Lungs.

*Chukweed* (*Moufe-ear*) grows in wet Ground and about Hedges; it's under the Moon, cold and moist, very cooling to a hot Liver. Outwardly apply'd, it cures Swellings and Imposthumes, Pallie, Scabs, Itch, red Face, red Eyes, Ulcers, Hemorrhoids, made into Ointment or Poullice, or by bathing.

*Cherry-tree* grows in Orchards, and is under *Venus*. Cherries are all cooling, but the black are most medicinal, and in Convulsions most prevailing: They create a good Stomach; the Gum dissolv'd in Wine is excellent to break the Stone, cure an old Cough and Hoarseness, clear the Sight, and cause a healthful Complexion.

*Cherries* (Winter-) grow in Gardens, are under *Venus*, and excellent in *Phylick*; the Berries are hot and opening, so powerfully cause Urine, break the Stone, expel Gravel out of the Bladder and Reins, and help Blood-pissing. The Berries may be dry'd and powder'd, and drank with Whitewine and Sugar or warm Posset-drink. The Apothecaries mix them with other Ingredients for the same Distempers, and call it *Troches Alkekingy*.

*Chestnut-tree* is under *Jupiter*, hot in Nature; the Fruit is very nourishing, creates good Blood and Seed if eat moderately, but bind too much Lask or Diarrhoea, the Dysentery, as also the Courses.

*Chick-pease* grow in Fields and Gardens, are under *Venus*, cold and dry: By a cleansing quality they break the Stone in the Kidnies; they encrease Seed and Milk, provoke Urine and the Courses. The wild sort is reckon'd most powerful of the two.

*Cinquefoil* grows by Hedge-sides and ways, is under *Jupiter*, hot and moist. Give a scruple in Whitewine, and it seldom milks of curing any Ague in three times taking it before the Fit. The Decoction cures Fevers, Cancers, Petulence, sore Throats, yellow Jaundice, Quinzays, Gout, Scabs, Itch, Bleeding, Bruises, and Burstenness. Boil the Root in Milk, it stops all Fluxes of the Belly, Reds or Whites.

*Chives* is a sort of Leek that grows in Gardens; they are under *Mars*, hot in the 3d degree, dry in the 4th: They are bad for the Head, making Sleep uneasy, and weaken the Sight; yet have this good Quality, they open the Breast and Stomach, freeing their stoppage, and provoke Urine if you drink some of the Juice in Whitewine hot.

*Clay* is a Garden-Herb, under the Moon, 'tis hot and dry; the Seed powder'd and blown into the Eye, clears it from filth; a Decoction of it provokes Lust and the Courses; the Root powder'd makes excellent Snuff; the Leaves fry'd with Eggs helps Digestion and strengthens the Back.

*Cleavers* or *Clivers* (*Goosegrass*) grows in Ditches, 'tis under the Moon, and cold by Nature: Boil'd in Watergruel in Spring, it cleanses the Blood; the Seed and Juice are good against the stinging of Adders; drank in Wine, it preserves from Poyson and growing too fat, and cures yellow Jaundice, if you drink the Decoction. Made into an Ointment, it healeth Ulcers; the bruis'd Leafs stop bleeding of any Wound; the Juice taketh away Pain in the Head, being dropt into the Ear; boil'd with Hogs-grease, it healeth Swelling and Kernels in the Throat, being anointed with it.

*Clowns Woundwort* grows in Highways, and is under *Saturn*, very healing in all green Wounds; the Juice, Decoction, or Syrup taken inwardly, heals the Bloody-flux, Cancer, Ruptures, spitting or pissing of Blood, especially if some Comfry be added.

*Cocksheed* groweth under Hedges, and in Fields, it is under *Venus*; 'tis very good to apply to hard Swellings, Nodes, Knots, Kernels, &c. either in a Poultice or the bruis'd Leaves; it cures the Strangury, and makes Cows give much Milk.

*Columbines* grow in Gardens, they are under *Venus*, and by Nature cold, dry, and binding, and are often us'd as Gargarisms for sore Throats or Mouths. The Seed taken in Wine causeth quick Delivery to Women in labour.

*Coltsfoot* grows in dry Ground, also in moist low Ground; 'tis an Herb of *Venus*, and is often made into a Syrup: The Leafs dry'd and smoak'd with Tobacco, is good against a Cough, Wheezing, Shortness of Breath, Agues, Consumptions, and Suffocations. If outwardly apply'd, it cures Piles, cholerick Pustules and Privities inflam'd.

*Comfry* grows in Fields and by Water-sides; it is under *Saturn*, cold and dry by Nature: 'Tis good against spitting of Blood or bloody Urine; it helps powerfully all internal Wounds, Hurts, Bruises, Ulcers, &c. if you drink it boil'd in Wine; 'tis also excellent

cellent to cure all outward Wounds; it strengthens the Back, decocted in Broth or Milk; it cures Fluxes white or red, Running of the Reins, &c. A distill'd Water or Decoction of the Root will joyn Flesh in a Pot, tho' cut near asunder. It cools all Inflammations, inwardly or outwardly apply'd; 'tis good boil'd to eat alone, or with Meat or Bacon, when it's young.

*Costmary*, or *Ale-cost*, grows in Gardens; 'tis under *Jupiter*, being by Nature hot and moist: It is a balsamick Herb for all green Wounds or Ulcers, if made into a Salve; the Seed kills Worms; a Decoction drank is good against Consumptions, crude Humors of the Stomach, Head ach, &c. strengthens a weak Liver, cures a daily Ague, opens Obstructions, strengthens the Womb, dissolves the Mother, hinders Putrefaction in all parts of the Body.

*Coralwort*, in many places 'tis thought to be a kind of *Crowfoot*; 'tis under the Moon. It cures Gravel and Stone, stops Fluxes, easeth Pain in the Belly and Sides, provokes Urine, is excellent for Wounds in the Breast or Lungs; if you drink a dram of the Root powder'd in Wine every Morning, it being of a drying quality, soon heals any Wound, or hinders a flux of Humors.

*Corn*, when young, about a hand high, clip it and tye it in fagots or bunches, so boil it, and it makes good Sallad to eat.

*Cudweed* grows in gravelly barren Ground, 'tis an Herb of *Venus*, temperately cool and dry, very binding, good in all fluxes of the Belly, taken in Decoction, it's excellent for Ruptures, Quinzay, Ulcers, Whites and Reds, and Running of the Reins; being boil'd to strong Ley, it kills Nits and Lice, preserves Garments from Moths, and destroys Moles.

*Cowslips* grow in Fields and Gardens, and are under *Venus*: They are good for the Head and Face outwardly, to take away Spots and Wrinkles; taken inwardly, they cure Vertigo, Palsie, Megrim, Convul-

sions, and Falling-sickness. The Flowers strengthen the Brain and Nerves.

*Crabs-claws*, or *Water-Sengreen*; it grows in marsh Ground, and is under *Venus*. It greatly strengthens the Reins, is good in all Inflammations, Swellings, St. Anthony's Fire, &c. made into an Ointment, it cures them effectually: The Powder of the Herb taken inwardly, is a powerful Remedy for Ulcers or Bruises in the Reins or Kidneys; also 'tis good to stop the Courses.

*Cresses-Bank* (*Nasturtium*) grows by the Wayside, is under *Mars*, and is of a biting quality like Mustard-seed; 'tis good in the yellow Jaundice, Sciatica, &c. if made into an Electuary: It is also good against Rheums and Distillations from the Head upon the Lungs, which cause a Cough; for any Inflammation, in a Poultice, 'tis a certain Cure. Cresses in Pottage, eat with Bread, Butter, and Salt, is cleansing Food, good against Fumes and Vapours.

*Cresses Sciatica* grow by old Walls and Way-sides, is a Plant of *Saturn*; it's effectual in curing the Sciatica or Hip-gout, being made into a Salve or Poultice and anointing well with it after a Sweat in Bed; also Hands or Feet. It likewise cures the Leprosie or Scurf.

*Cresses* (*Water-*) grow always in watery places, are under the Moon, and of a sharp biting taste, excellent against the Scurvy, purge the Blood, bring down the Terms, break the Stone, cure Pimples, Ulcers, and Lethargy, taken in Gruel, &c.

*Crowfoot* grows in moist Ground and Meadows, it is under *Saturn*. Inwardly or outwardly taken, 'tis good for Wounds; decocted in Whitewine, it opens Obstructions of the Stomach and Bowels, brings away Phlegm, &c. Ruptures it also cureth.

*Crowfoot* grows in Gardens, it's under *Mars*, of a hot Nature, not fit to be taken inwardly: The Leafs bruis'd, and apply'd with a little Salt to any Part, will raise a Blister; 'tis proper to apply to the Wrists or

or Nape of the Neck in Fevers or sore Eyes; mix'd with Mustard, 'tis effectual for a Plague, Boeth, or Carbuncle.

*Cuckowpint* grows by Hedge-sides, is under *Mars*, and of a biting fiery quality; some are spotted on the Leafs, and they are hottest. Against all Infections of the Plague 'tis very effectual; 'tis an Antidote against Poyson, if you take some of the Juice or Pouder in Wine or Vinegar. It cures Difficulty of Breathing, Phlegm, and Cough, provokes the Terms, brings away Afterbirth, cures Ulcers of the Throat, Jaws, Piles, Gout, falling-down of the Fundament, likewise for Spots, Freckles, and Skin-deformities it maketh search.

*Cucumbers* grow in Gardens, are under the Moon, cold and moist, good for hot Stomachs, hot Livers, hot Rheums of the Eyes, Inflammations of the Kidneys and Reins; they provoke Urinē, cleanse Ulcers in the Bladder, cure Morphew, Freckles, red Face, and Sun-burn.

## D

*Dandelion* grows in Meadows and Pastures, 'tis under *Jupiter*, hot and dry; it's cleanting, opening, good for all Obstructions of the Liver, Gall, and Spleen, and all Diseases thence arising, as Hypochondriack Melancholy and Flatus; it both cleanses the Urinary Passages and heals 'em; by taking the Decoction of Roots and Leafs in Whitewine, the Cachexia or Consumption is cured; it procureth Rest, prevents infectious Air, and is safe to eat, or in the Spring for Diet-drink.

*Dittany of Crete*, it hath the Vertue of *Péonyroyal*, it most effectually draws out Thorns; the smell of it drives away venomous Creatures, and kills 'em if they touch it; the Juice apply'd to Wounds, or Bites of venomous Creatures, is a present Remedy, if at the same time 'tis taken inwardly.

*Darnel* groweth among Corn, and is under *Saturn*. It is of a dry binding quality, and stops eating Ulcers.

cers and Sores, Cancers, Leprosie, Ringworms, &c. it dissolveth Knots or hard Tumors, if apply'd as a Poultrice, or if you bruise it with a little Vinegar and Salt; it helps the Sciatica, and stops a Lask, if the Seed be boild in red Wine and drank, likewise all Fluxes.

*Dill* grows in Gardens and wild, is under *Mercury*. It quickens the Wit and Memory; if boild, and the Decoction drank, it easeth the Cholick, all Pains and Windiness, the Mother, Chincough, and raw Humors, provokes the Terms, and procures Rest.

*Docks* grow every where, are cold and dry in quality, and are under *Jupiter*. The red Dock is good for the Liver, strengthens it, and purifies the Blood; but the yellow is best for Choler. Sorrel is the coldest. The Seeds are good to stay Fluxes, Diarrhœa's spitting of Blood, loathing of Food, and are the best dryers of Itch, Scabs, Tertars, or Ringworms, being made into an Ointment or Decoction. All Docks have this quality, that boil them with Meat, and it will soon be boild enough.

*Devils-bit* groweth in Fields and Meadows, is govern'd by *Venus*. It cures Fevers, pestilential Poysons, and Bitings of venomous Beasts; dissolves congeal'd Blood thro' a Bruise or Fall: Decocted and drank, it cures Tumors, Throat-swellings, driveth away Fumes and Vapours of the Mother, kills Worms, and is a very good Wound-herb.

*Dodders of Thyme*. Dodders are all Bindweeds on other Herbs, but that upon Thyme is the true one, which purgeth Melancholy, and opens Obstructions of the Liver, Gall, Spleen, Hypochondriac Disury.

*Dog-grass* groweth in Gardens, is under *Jupiter*, and is a great opener for the Reins and Liver; it stayeth Lask and Vomiting, if boild in Whitewine: Drink the Decoction, for 'tis very opening, remedying all Diseases that proceed from Stoppage.

*Dogs-bane* groweth in Syria, and kills whatsoever eats it; the Leaf mixt with Bread and given to Dogs, kills 'em.

Doves

*Doves-foot* groweth in Pasture, Garden, &c. 'tis under *Mars*, and admirable for the Cholick, and all Cholick-pains; 'tis good against the Stone and Gravel in the Kidneys: The Decoction in Whitewine is extraordinary for an inward Wound, Gout, Ulcer, Fistula, or Rupture, and outwardly applied is good for any Pain in the Joints.

*Ducks-meat* grows on the top of the Water, 'tis of a cold quality, and govern'd by the *Moon*; 'tis good against the Gout, all Inflammations, and St. *Anthony's* Fire, either of it self, or in a Poultice with Barley-meal. The Water distill'd is good for a Fever, Head-ach, Swelling of the Cods, and Redness of the Eyes.

*Down-thistle* (is prickly) grows in Ditches and Banks, 'tis under *Mars*, and is good against Cramps and Consumptions, being of a hot quality; 'tis also good against Rickets in Children.

*Dragons* grow in Gardens, of the colour of a Snake, 'tis under *Mars*, and so biting, that it is best to distil it in what Liquor is best for your Use. It cleanseth the Stomach, and inward parts, so it doth the external parts of Morpew, Freckles, Sun-burn, Wounds internal or external, as Cankers, Ulcers, Polypus, Pin and Web, and clears the Sight; 'tis also good against Infections, Plague, Poison, and venomous Beasts. 'Tis reported that no Serpent will bite him that carries this Herb about him: With the Juice rub your Hands, then put them into the Water, and the Fish will come to your Hand, that you may take them. *Lemery*, p. 85.

*Droptwort* grows in Meadows and dry Ground, 'tis under *Venus*, and is powerful upon the Secrets; it opens the Passages of Urine, cures the Strangury, Obstructions of the Reins, breaks the Stone, Wind, and gives Breath, if the Herb be decocted in Whitewine, or the Powder of the Root be taken with Honey, or any convenient Syrup. 'Tis also good for all Diseases of the Breast and Lungs, cuts Phlegm, cures a Cough, and all Defects of the Urine.

El-

E

*Elder-tree* grows in Hedges, and is under *Venus*: This Shrub is of great Verue (in the Spring) to purge the Blood, mixt with other Spring-herbs. A Book of 1 s. or 1 s. 6 d. has been written only about the Vertues of this Shrub; 'tis good against all Inflammations, external or internal, in Ointment: The inward Bark cures all Burnings and Inflammations; the distill'd Water of the Berries and young Tops cures all Surfeits and Fevers. The Berries boil'd with Sage makes a pleasant Tea like Claret.

*Elder* (*Dwarf*) grows wild in Hedges, &c. 'tis under *Venus*, and a very good Purge for the Dropsy; the Berries or inward Bark of the Root boil'd in Whitewine, and drank, worketh strongly by Stool and Urine. The Juice of the Berries boil'd with Honey, and dropt into the Ears, cures them of Pain; a distill'd Water of the Leaves and Berries taketh away all Sun-burn, Morpew, or Deformities of the Skin: It cleanseth Blood-shot Eyes, cures the Gout by purging, and the Stone and Cholick.

*Elm-tree* grows in Woods or Fields, 'tis under *Saturn*, of a cold and dry quality; the Bark and Leaves bruise'd and laid on Green Wounds, heals 'em: being mix'd with Vinegar, it cures Leprosy and Scurf; a Decoction of the Leaves and Bark is good in Ruptures and Fractures, by applying to it wet Cloths; applied hot with Cloths to Tumours, dissolves 'em; it cleanses the Skin of all Filth, gives Ease to the Gout, and is good for all Scalds or Burns.

*Endive* grows in Gardens, and is under *Jupiter*; the *Galenists* use it in cooling Juleps against Fevers, Agues, Passions of the Heart, Sharpness of Urine, Excoriations, Tumours, and Pestilential Sores; 'tis excellent for all Inflammations of the Eyes, and dimness of Sight; apply'd outwardly it allays the Pain of the Gout.

*Elecampane* grows in shady moist Places, 'tis under *Mercury*, very hot and opening, and good for

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windy and cold Stomachs. The Roots preserv'd cure Wheezing, Cough, opens the Spleen, cures Stitches, provokes the Terms, and helps Concoction; the Root in powder, taken with Sugar, does the same: It prevents Infection, resists Poison, and is good for sore Eyes, loose Tooth, kills Worms, cures the Scab or Itch, being made into an Ointment, and takes away all Deformities of the Skin.

*Eye-bright* groweth in Meadows, is under *Leo*, and rul'd by the *Sun*; it is excellent to strengthen the Brain, by drinking the Decoction in Wine or Broth, or distill'd Water: Dropping some of it into the Eyes for several days together, helpeth all Diseases of the Eyes, or dimness of Sight; it helpeth a weak Brain and watry Eyes, taken any manner of way. Some boil it in clean Water, and strain it, keep it in a Glass, and wash the Eyes with it, is good for sore Eyes.

## F

*Fern* grows on Heaths, and is under *Mercury*; the Roots boil'd in Whitewine kills all sorts of Worms, and opens Obstructions of the Spleen: The Leaves and Roots purgeth the Belly of Choler and Water, but troubleth the Stomach, therefore dangerous for Women with Child. The Leaves and Roots boil'd in Oyl makes a good Ointment to heal all Wounds, and to dry up malignant Ulcers; the Smoke of Fern burnt, drives away Serpents, Knats, Flies, or any venomous Beast. 'Tis observ'd to cause Barrenness in Women.

*Fern (Water)* is under *Saturn*, of the same nature, but more powerful; they provoke Urine much.

*Featherfew* grows mostly in Gardens, &c. 'tis under *Venus*: Boil'd in Whitewine it strengthens the Womb; and frees from Birth and After-birth; 'tis good for all Distempers of the Mother, and brings down the Courses speedily. A hot Poultice applied to the Belly, takes away all griping Pains; 'tis an

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effectual Remedy against Opium, if the Decoction is drank. It flowers in *June* and *July*.

*Fennel* grows in Gardens, and is under *Mercury*: It breaks Wind, the Stone and Gravel, and provokes Urine; it encreases and amends the faults of Milk, cures the Hickup, loathing of Meat, resists poisonous things, and is good for Obstructions of the Liver, Spleen, &c. It cures the Gout, yellow Jaundice, provokes the Terms, and makes lean: The distill'd Water is good for sore Eyes. 'Tis excellent to boil and eat with Fish.

*Fennel (Hog-)* grows about Houses where Cattle frequent, and is under *Mercury*: To cure the Lethargy, put the Juice into the Nose; and us'd with Oyl and Vinegar, 'tis good for the Megrims, Vertigo, Falling-sickness, Head-ach, Palsie, Sciatica, Cramp, Cough and Lameness. The Decoction, drank in Wine, is good for a Cough, Cholick-pains, and shortness of Breath; it purges gently, gives Ease to Women that travail in Child-bed, and eases Pains in the Womb, Bladder and Reins. The Juice, mix'd with Wine, eases the Tooth-ach, cures all green Wounds, and cleanses Ulcers, drying them up.

*Figwort* grows in Meadows and shady Woods; 'tis under *Venus* in *Taurus*, and excellent for all Diseases in the Neck and Throat, as the King's-evil and Squinancy. The Herb decocted and drank in Whitewine, and the bruised Herb applied outwardly, cures Wens, Knots, Piles, and Kernels; dries Ulcers that are foul, and takes away Leprosies, Spots, Redness, and all Deformities.

*Fig-tree* grows in Gardens, and is under *Jupiter*; the Juice of the Leaves and Branches are moist and hot. The Decoction cures the Head of Scurf and Leprosie, clears the Face of Morpew, and the Body of Scabs and Ulcers: The Juice kills Warts, and the Decoction cures the Bloody-flux, Chilblains, Deafness, and the Tooth-ach, dropt into the Ears, and the biting of mad Dogs or Serpents: The Fruit

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is balsamick and opening, if eaten. The Decoction cleanses the Breast, Lungs, Womb, Belly, and Sores, and cures shortness of Breath, Hoarseness, Coughs, Dropsies, and Consumptions.

*Flag (Water-)* or *Flower-de-luce*, grows in watry Ditches; 'tis under the *Moon*, and is very dry and cooling: The distill'd Water of the Flower, Root, and Herb, cures watry Eyes, and Blemishes of the Eyes. 'Tis a good Fomentation for all Inflammations, Ulcers, Cankers, sore Mouths, and Breasts: It cures the *Noli me Tangere*, and Ulcers in the Privities, by Ointment or otherwise.

*Flaxweed (Toad-)* groweth in Meadows, Way-sides, Paths, and Banks; 'tis under *Mars*, hot and dry: It cleanses the Reins, provokes Urine, prevents the Dropie in cold phlegmatick Persons; it opens Obstructions of the Liver and Spleen, cures the yellow Jaundice, expels Poison, drives forth the dead Child and After-birth, provokes the Courses, cures Inflammations of the Eyes, and Pimples of the Face. The distill'd Water cures Fistula's, Cankers, Leprosies, Itch, Scabs, or any Spots of Deformity.

*Pleabane*, there is two sorts, one groweth in Gardens, the other in Fields near the Sea; 'tis under *Saturn*, cold and dry. The Seed powder'd and taken with Conserve of Roses, stops the Bloody-flux, and corroding Humours; it also stops the too great Violence of over-strong purging Physick, and cholerick Defluxions; the Mucilage of the Seed made with Rose-water, allays Thirst in Fevers, cures the Gout, Head-ach, Megrims, Hoarseness, Agues, Sciatica, sore Nipples, Breasts, Worms, inflam'd pain'd Ears and Ulcers.

*Flaxweed* grows in Fields and Way-sides, 'tis under *Saturn*, cold and dry; it's admirable to stay Fluxes, Diarrhoea's, and Dysenteries; it stops the Terms in Women, and joins broken Bones: Being decocted in Wine and drank, kills Worms, heals internal Ulcers, Bruises and Wounds. *Paracelsus* commends it for

uni-

uniting broken Bones; it's good to make either Plaster, Ointment, or Syrup.

*Flower-de-Luce* groweth in Gardens, and is under the *Moon*. A Decoction drank with Honey or Sugar cleanseth the Stomach of gross or thick Phlegm, cures the Dropsy, Jaundice, Agues, Cholick, opens Obstructions of Liver and Spleen, breaks the Stone, helps Convulsions, Cramps, stoppage of Urine, provokes the Terms, cures a Cough, Head-ach, causeth Sleep, and cures the Piles, if fomented with it; it's a good Gargle for the Mouth, fastens loose Teeth, cures the Gout, Ulcer, Fistula, Cancer, and Noise in the Ears, covereth naked Bones with Flesh again.

*Fluellin* grows in Corn-fields and other places, and is govern'd by the *Moon*. It helps Fluxes, stoppeth the Terms, heals Ulcers, cures Wounds and Cancers, is good for watery Eyes, knits broken Bones, and cureth Wounds outward or inward, taken in Decoction or distill'd.

*Foxglove* grows on dry sandy Ground, and under Hedges, is govern'd by *Venus*, and is good to cure green Wounds by applying a bruised Leaf to it: The Juice put into old Sores, speedily cures; it cleanseth and heals all foul Ulcers, opens Obstructions of the Liver and Spleen, if boil'd in Whitewine and drank. It cures the Kings-Evil, scabby Heads, &c. an Ointment being made of the Juice, none excelling. The Decoction hath cured several of the Falling-sickness.

*Fumitory* grows in Corn-fields, is under *Saturn*, and cureth all Saturnative Distempers, being boil'd in Whitewine or Whey, by it self or with *Polipodium*. It is very cooling and opening for the Liver, Spleen, Reins, and Bladder, purging the Blood and Stomach of melancholy Humours. It cures saltish cholerick Distempers that breed Scabs, Tettars, Leprosy, Itch, and Ring-worms, and sometimes foul Ulcers. It operates by Urine, if you take the Powder of the dry Herb, or make Tea of it. The Decoction cures Jaundice, Fevers, Plague, sore Throat, Pimples, &c.

Furz.

*Furz* or *Gosbush* groweth on barren Heaths, and is under *Mars*. It opens Obstructions of the Liver and Spleen: The yellow Flower boild in Whitewine or Sherry cures the Jaundice, provokes Urine, cleanseth the Kidneys from Stone or Gravel and its cause.

## G

*Garlick* grows in Gardens and Corn-fields, and is under *Mars*. 'Tis hot and dry in the 3d degree, very opening to the short-breath'd, good against Poyson and Infection, provokes the Terms, killeth Worms, cures Lethargy, Phlegm, Vapours, Dropsy, Cramp, Falling-sickness, &c. 'Tis very bad for the Brain, but excellent against the Bite of a mad Dog, the Decoction drank 40 Days in Whitewine, and a Clove or two bruised and laid to the place; but as soon as bit, wash it well with Salt and Water, Vinegar, or your own Water, or Spirit of Wine. Mr. Cole saith, That Garlick, Onions, Leeks, and Lettice (nay, I believe Cucumber too) if used in too great a quantity, are poysonous; but moderately, are as wholsom as any.

*Gentian*, or *Felwort*, or *Baldmony*, (there's two sorts) under the dominion of *Mars*, they both strengthen Nature against Poyson and Plague, and cure biting of mad Dogs. The Poudre drank in *Whitewine* hinders Fainting and Swooning; taken in Poudre or Decoction, it restores a lost Appetite, opens Obstructions of the Liver. The Herb infus'd in a Glass of Wine, refreshes Travellers that are cold in their Joints thro' bad Lodging. It helps all inward Pain, Cramp, Bruises by Falls, Scitch, &c. 'Tis not proper to give to Women with Child for diverse Reasons: It provokes Urine, breaks the Stone, frees the Body from Ulcers, Kings-Evil, Ague, and Worms. The Decoction is to be used inwardly and outwardly. It cureth also Bots in Cattle, and a venom'd Udder, by washing with the Decoction.

*Gillyflowers* (*Clove*) grow in Gardens, are under *Jupiter*, and pretty temperate, strengthening both the Heart and Brain, so consequently good. There are both

both a Syrup and Conserve made of 'em, to be had at the Apothecaries, and taking a little now and then strengthens much a Consumptive Person; it's good against Fevers, and expels Poyson.

*Germander* grows in Gardens, is under *Mercury*, and quickens the Apprehension much: Taken in Decoction or Electuary, it cures Coughs, Obstructions in the Spleen, cleanses the Reins, provokes the Terms, drives out a dead Child, cures Agues, Poyson, Ulcers, Falling-sickness, Headach, Melancholy, Palsie, Dulness of Spirit, yellow Jaundice, Worms, and maketh a good Complexion.

*Gladwin* (stinking) grows in high and low Ground, and sometimes in Gardens, or by Wood-sides; 'tis under *Saturn*. The Flowers, Stalk, and Root decocted in Wine purges Choler and Phlegm from Head and Stomach; the Juice of the Herb snuffed up, causeth Sneezing, so doth the Poudre: This Herb helps Gout, Convulsion, Gripes, Fluxes, Strangury, provokes the Terms, opens Obstruction of Urine, Spleen, &c. It heals Wounds, broken Bones, Kings-Evil, Itch, Scab, difficulty of breathing, and cures all Skin-deformities.

*Gill*, see *Alehoof*.

*Golden Rod* grows in Woods and open places, is under *Venus*, and is excellent to restore decay'd Beauty, 'tis good against the Stone in the Kidneys, taken dry or in Decoction, cureth Bloody-flux; Terms and Ruptures it stops; it cures Ulcers, sore Mouths, and fastens loose Teeth; 'tis also good for green Wounds and old Sores, makes a good Gargle to wash the privy Parts or Throats of Men or Women.

*Goatsbeard* (*Tragapogen*) boild when young, makes a curious Dish to eat, warming the Stomach, and restoring a lost Appetite.

*Goutwort* grows by Walls, Hedges, and in Gardens, is under *Saturn*, and is a sovereign Remedy for all Gouts, inwardly or outwardly taken; nay, tho' it be but carried about one, it prevents that painful Disease.

*Gromell*; there are diverse sorts in Gardens; it is un-

under *Venus*, and is good for Gravel, Stone, or Strangury, provoking Urine: The Seed is of the greatest vertue; being bruised and put in Whitewine, Posset-drink, or Broth, and a dram or two drank, it opens all Obstructions, and causes a speedy Delivery.

*Gooseberry-bush* grows in Gardens, is under *Venus*, the ripe Berries create an Appetite, cool hot Stomachs, stay Longing, &c. a Decoction of the Leafs and Fruit cool all Inflammations and St. Anthony's Fire. The Berries ripe cool the Stomach, Liver, Reins, and sharp Urine.

*Ground-Ivy*, see *Alehoof*.

*Winter-Green*, is a Herb that groweth in Woods northward; 'tis under *Saturn*, and is an excellent Herb for a Green Wound especially, healing it quickly by only the green Leaf being bruised and apply'd. Made into an Ointment, 'tis very good for Wounds: The Juice inwardly taken cures Ulcers in the Reins and Neck of the Bladder, stops the Terms, stays all Fluxes and Loosnesses, and cureth Fistula's, &c.

*Groundsel* groweth on Bank-sides and other places, is under *Venus*, and is friendly in outward Applications. It causeth Vomiting if inwardly taken, allays Heat, Inflammations, Swellings, Imposthumes, &c. ripens Tumors, purgeth Choler, cures the Jaundice, opens Obstructions of the Liver, Spleen, and Reins; cures Falling-sickness, Cholick, Sciatica, and provokes the Terms. 'Tis an excellent poultice-Herb for Womens sore Breasts or Privy Parts. A handful shred and put in a Paper-bag prick'd full of holes, about 4 inches square, and apply'd (being first put into fine Sausenet or Linen, that it may not fall out) to the Pit of the Stomach 2 or 3 hours before the Fit, cures Agues.

H

*Hearts-ease* grows in Gardens and Fields, on barren Grounds, and is under *Saturn*, cold and slimy. This Herb decocted strongly, or the Herb and Flower distilled, is a powerful Remedy for the French Pox, and such Antivenereans are the best Cure for that Disease.

ease, much better than fluxing. The Herb is good against Venery, and the Spirit of it is good for Convulsion-fits in Children, Pleurisie, Falling-sickness, Scabs, Itch, Scurf, &c.

*Hartichokes* grow in Kitchen-gardens, are under *Venus*: They promote Venery, yet are good Food, and Physick for those that are troubled with nightly Pollutions, by stopping the Seminal Vessels; the Stalks or Roots boil'd in Whitewine and drank, cleanseth the Reins wonderfully, brings away stinking Urine, and cures the Running of the Reins.

*Harts-Tongue* is found in dry Ground among Trees and Bushes, is under *Jupiter*, and strengthens the Liver much; 'tis fit to keep in Syrup always by you. It is good in Diet-drink against all Obstructions of the Liver, Spleen, Reins, &c. It cureth Diarrhoea's, Dysenteries, and all immoderate Fluxes: The distilled Water or Decoction is good against Hiccups, Belching, and Heart-passion, also against biting of venomous Beasts, corrupted Gums, &c.

*Hazlenut* groweth in Hedges, is under *Mercury*; the Kerne's press'd (like Almonds) will yield a kind of Milk, which being mix'd with Honey, cures an old Cough, and Distillations from the Head. The Shells and Husks dry'd and powder'd, mixt with Claret, and drank, stops all Fluxes.

*Hawkweed* (*Sowthistle*) groweth about Way-sides and Fields, is under *Saturn*, and of a cooling quality; it takes away cholerick Heat, and bilious Overflows in the Stomach; it cureth Agues and Fevers, helps Digestion, if you drink the Concoction in Whitewine: It cures Dropsy, Phlegm, Cholick, Obstructions of the Liver and Spleen, hinders nightly Pollution, cooleth the Reins, resists Poyson and stinging of Serpents; 'tis good for the Eyes, cures Burns, Ulcers, Inflammations, St. Anthony's Fire, Heat, salt Phlegm, Convulsions, &c. it cures Freckles and Morpew.

*Horse-Radish*, see *Radishes*.

*Hawthorn-tree* grows in Hedges, and is under *Mars*. The

The Husks are good Food for Hogs; the Haws dry'd, powder'd, and drank in Whitewine, are very good in the Stone and Gravel in Reins or Bladder, and the Dropsy: The distill'd Water of the white Flowers stay Loosness or Flux of the Belly, and will draw out Thorns, if you dip a Cloth therein, and lay to the place, or other things.

*Hemlock* grows in most waste places, and is under *Saturn*, cold and dry. 'Tis very cooling, good in Inflammations, withstands Lethargy; bruised and apply'd to the Privities, it cures a Priapism or involuntary erection of the Yard: It's very dangerous inwardly taken, but you may apply it outwardly to Tumors, St. Anthony's Fire, &c. It giveth ease to a Pin or Web in the Eye, if you mix some of it with Bay-salt and apply it to the contrary Wrist 24 hours, and cures in three times dressing: Also the Root roasted in Embers and apply'd to Hand or Foot, cures them. And if by mistake you have eat a Root of this, your Remedy is, to drink a draught of good Wine or Vinegar before it strike to your Heart.

*Hemp* grows in Fields, and is under *Saturn*. The Seed expels Wind; much used, it dries up Nature; boil'd in Milk, it cures a hot and dry Cough; it opens Obstructions, cures the Jaundice, Gout, Inflammations, Worms, Lask, &c. and makes Hens lay all Winter.

*Henbane* groweth under Walls, in Ditches, Dung-hills, &c. and is under *Saturn*. It powerfully resists Heat, Inflammations in the Eyes or in any other part, used either in Decoction, Seed, or Juice: It assuages Inflammations in Womens Breasts or Mens Cods, and the Gout: Oil of the Seed helps Pain in the Ears or Deafness. A Decoction of the Herb kills Lice, cures the Toothach, cools the Reins in the French Pox, and healeth Chilblains or kided Heels. It is not to be taken inwardly, being poysonous, but outwardly used by distill'd Water, Juice, Decoction, Plaster, Ointment, or Oil: Smoak'd in Tobacco, it cures the Toothach. The Juice mix'd with the Hares Blood, few'd

few'd in a Hare's Skin, and buried, will draw all the Hares that way. *Lemery's Curiosities*, p. 83.

*Hedge-Hyssop*, they grow by Water-sides and in wet Ground, are under *Mars*, and violent Purgers of Choler and Phlegm, unless well corrected, then they are good against Dropsy, Gout, Sciatica, &c. Outwardly apply'd to the Navel, they kill Worms, and are excellent good for Ulcers and old Sores.

*Hellebore* (black) groweth in Gardens, wet Grounds and Woods, is under *Saturn*, and by sympathy cureth Melancholy; by purging it cureth Madnes and a Quartan Ague, the Falling-sickness, black Jaundice and yellow, the Gout, Leprosy, Convulsions, and provokes the Terms. The English sort is much milder than that which is brought from abroad; the Farriers use it much. It is naturally of a poysonous quality, therefore to be corrected; 20 grains inwardly taken is sufficient for one time, but let that be corrected with half so much Cinamon. Some rowel Cattle by boring a hole in their Ear, and putting a bit of the Root therein, which cures 'em in 24 hours if they are poyson'd. The Root powder'd and made up with Honey and Wheat-flour, kills Rats and Mice. The white does the same. White Hellebore and sweet Marjoram, of each alike quantity, powder'd and snuffed up the Nose, cures Pain in the Head, if it proceed from a cold Cause. Use it with a Physician's Advice.

*Herb-Robert* grows by Way-sides in Banks, and is under *Venus*. It's good to break the Stone and Gravel, stops the Terms and Bleeding, healeth all green Wounds and Ulcers in the Privities or elsewhere.

*Herb True-love* groweth in Woods and corners of Corn-fields, is under *Saturn*, and expels Poyson, prevents Plague and Infection, cureth Fevers, Cholick, Witchcraft, Wounds, Ulcers, Swelling of Cods, &c. by taking a dram of the Root or Berry powder'd every day in Wine or Posset-drink: It also easeth the Cholick, and the Leaf cures green Wounds.

*Hyssop* grows in Gardens, is under *Jupiter*, but hot and

and dry in the 3d degree : It is very opening, and good against a Cough, Wheezing, Short-breath, gross Humors, Jaundice, Dropsy, &c. It opens Obstructions, is good for sore Throats, Quinzay, Tooth-ach, Noise in the Ears, and Falling-sickness. The Oil cureth Itching, killeth Lice, and is excellent in a Consumption, taken either in distill'd Water, Decoction, Oil, or Pouder.

*Hops* grow in low Grounds, mostly under *Mars*, are very opening, cleanse the Blood, Spleen, Liver, and Reins from Stone or Gravel, and provoke Urine. A Decoction helps Scab, Itch, Tetter, and other ails, provokes the Terms, cures yellow Jaundice and bad Complexion. Beer is more opening than Ale, but as Ale is sweet, 'tis consequently more nourishing and fattening. Young Hop-tops are very good boil'd.

*Horebound* grows in high Ground, is govern'd by *Mercury*, very opening : If decocted when dry, or the Juice of the green Herb mix'd with Honey, it is a Remedy for Wheezing or Short-breath, or a Consumption thro' long Sickness; it resists Poyson, provokes the Terms, is good against Venom of Beasts, Jaundice, Ulcers, &c. but excellent to strengthen the Liver, and in Distempers asthmatical.

*Horse-tail* groweth in wet Ground, is under *Saturn*, cold, dry, and binding. The smooth is the best sort; 'tis very powerful in stopping of Blood, either inward or outward, by drinking the Juice, Decoction, or distill'd Water; it stops the Lask or Flux, the Terms, pissing of Blood, internal Ulcers, Excoriation of the Bladder, Stone, Wounds, Ruptures, Strangury, Cough, Inflammations, Pimples, red Face, and all Breakings-out, Ulcers of the Privities of Man or Woman; it soon conglutinateth the Lips of Green-wounds.

*Houfleeck* groweth on Houses or Wallis, is under *Jupiter*, cooling and full of Juice, so good for Heats inward or outward, in Face, Eyes or elsewhere : You may make a Posset and strain the Juice into it. Some say it preserves the House from Fire. It cures Agues, being

being drank, all hot defluxions of sharp salt Humours in the Bowels, and immoderate flux of the Terms : It allayeth Inflammations, helpeth Scalds, Burns, Shingles, eating and fretting Ulcers, helpeth Headach and heat of the Brain : In Deliriums for want of Sleep, being apply'd to the Forehead and Temples, 'tis excellent : The Leaf bruised and laid on the crown of the Head, stops Nose-bleeding ; and if you rub any place stung with Nettle or Bee, it speedily cures it.

*Hounds-tongue* groweth on Highway-sides and under Hedges, is govern'd by *Mercury*, and is good for all Defluxions of Rheums on the Lungs or Stomach, Eyes or Teeth : The Root is used in Pills; the Juice boil'd in Hogs-lard is good to anoint the Head and preserve the Hair from shedding ; it cures shortness of Breath, Scalds, Piles, Ulcers, Wounds, &c. it stops Humours from coming into Sores. *Mizaldus* says, that put into your Shoes, no Dog will bark at you.

*Holly-tree* groweth in Heaths and Gardens, and is under *Saturn*. The Berries are chiefly physical, and expel Wind greatly, ten or twelve of 'em eat ripe : They purge the Body from Phlegm or Sime, being eat fresh gather'd ; but dry'd and pouder'd, they bind, and stop all Fluxes. A Decoction of the Bark and Leaf is good to cement broken Bones and Dislocations. Some say the Branches defend any House from Witchcraft.

I  
*S. Johns-wort* grows in Meadows and Pastures, the Leafs are full of small holes, and it's under the *Sun* and *Leo*. This is a most excellent Herb for Wounds, if you boil it in Whitewine and drink it, or make an Oil or Ointment of it, or a Bath or Lotion ; tis very effectual in Bruises or Wounds, and strengthens feeble Members, cureth Blood-spitting, biting of Serpents, Stone, Stoppage of Urine, Gout, Ague, Sciatica, Palsy, Falling-sickness, &c. By often drinking the Seed in pouder, it purges Choler, bruised or congeal'd Blood in the Stomach, and Blood-vomiting.



*Ivy* grows on old Stone-walls, it's under *Saturn*: The Flower boild in Claret, stops the Blooey-flux; The Berries taken powder'd cure the Jaundice, Spitting of Blood, prevent Drunkenness, or any Plague, Infection, &c. Drink the Berry powder'd in White-wine, it cures the Stone, opens Obstructions, provokes the Terms and Urine, easing Headach, Spleen, Vapours, and Stitch, by heating the Leaves in Wine, and applying them to your Side or Head. The Leaf boild cures Ulcers, Wounds, Burns, Scalds, sore Eyes, and is an excellent Remedy for a Surfeit, if you take the Decoction in the same Liquor you surfeited of.

*Juniper* groweth in Woods and Copses, is under the *Sun*, hot in the third, dry in the first degree. It is an excellent Antidote against all Infections, resisting the Plague and venomous Beasts, opens the Urinary Passage and Stomach, curing shortness of Breath, Dropsy, Consumption, Convulsion, Pain in the Belly and Side, Rupture, gives speedy Delivery, strengthens the Memory, clears the Sight, comforts the Brain, cureth Gout, Scurvy, Leprosy, Scab, Itch, and Piles; all this, and more, it performs by taking the Berries powder'd in Wine. You may use the Decoction of the Berries for outward application.

## K

*Kidney-wort* grows on Stone and Mud-walls, is under *Venus* and *Libra*, and is good to cure Inflammation and preternatural Heat, to refresh a hot Liver or languishing Stomach and Bowels, if you drink the Juice or distill'd Water. The Herb apply'd outwardly healeth scorbutick Spots, red Faces, Pimples, and Inflammations; it taketh away Sciatica, Gout, Exulceration of Reins or Kidneys. The Decoction is a good Bath for Stone-pain and other inward Evils, as swell'd Cods, Neck, or Throat, Kings-Evil, &c. either in Ointment or otherwise.

*Knapweed* groweth in Meadows and Fields, is under *Saturn*, dry and cold. 'Tis powerful in stopping Fluxes, bleeding at Nose or Mouth, stays defluxion

of

of sharp thin Humours on Stomach or Lungs, cureth Bruises by Falls, the Phthisick, Sores, Cankers, Fistula's, sore Throat, scabby Head, Quinzay; and this it doth by drinking the Herb boild in Whitewine, and applying it to the place, either by Decoction, Fomentation, or Ointment.

*Knottgrass* groweth by Paths and Highways, is under *Saturn*, cold, dry, and binding. It stops Fluxes of the Blood, the Juice being drank, cureth Inflammation, Gangrene, Aposthume, Fistula, Ulcer, Canker, Wounds, all Sores in the Privities of Men or Women, the Stone and Gravel, Stoppage of Urine, and Running of the Reins.

## L

*Ladies-Mantle* is found by Wood-sides and in Pastures; 'tis an Herb of *Venus*, allays Heat and Inflammation, stopping Fluxes, Vomiting, Reds and Whites in Women or Maids, helps Ruptures, makes flagging Breasts round and plump, the Decoction or distill'd Water drank, and the Herb outwardly apply'd; it also helps Conception, and prevents Miscarriage: It is one of the best of Wound-herbs, if you wash 'em with the Decoction and drink it: It mightily dryeth up ill Humours, stops a Flux, and cures old Sores.

*Ladies-Thistle* eat young makes an excellent Sallad that purges the Blood, if boild.

*Lavender* grows in Gardens, hot and dry in the 3d degree, and is under *Mercury*. A most powerful Herb it is, influencing the Brain with Heat, strengthening the Memory, curing Pains of the Head that proceed from a cold Cause, and all Diseases that arise thence, all Convulsions, Apoplexies, Palsies, and Falling-sickness; it fortifies the Stomach, freeth Liver and Spleen from Obstructions, provokes the Courses, and cureth beating of the Heart, taken either outwardly or in Decoction. *Lavender* and *Rosemary* made into Tea, and 15 or 20 drops of *Sal Volatile* and *Spirit of Harshorn* (each alike) put into half a pint of this Tea, so drank Morning, Noon, and Night, thins and cleanseth the Blood.

D. 3

Blood; so doth Oystershells powder'd and drank in Old Hock.

*Lavender-Cotton* is a Garden-herb, and under *Mercury*; 'tis much of the nature of other Lavender, resisting Poyson and corrupt Humours, the biting of venomous Beasts, cures Running of the Reins, Whites, &c. The Seed kills *Worms* in Belly or Stomach. By bathing with this Herb you may cure Scab or Itch.

*Ladies-smock* groweth near water-sides or moist places, are under the *Moon*, and are much of the nature and efficacy of *Watercresses*, are good for the Stone and Scurvy, cause good Digestion, and strengthen the Stomach.

*Lettuce* groweth in Gardens, much used in Sallads, and is under the *Moon*, cold and moist. It alays Heat and Choler of the Stomach, cooleth the Blood, Spirits and Brain, quench Thirst, cure the Headach, encrease Milk, abate Lust, &c. but is hurtful for those whose Lungs are ulcerated, spit Blood, are short-winded or very cold stomach'd.

*Leeks* in Pottage is nourishing Food, good against Obstructions of the Ureters, Short-windedness, &c.

*Lilly*, there are three sorts, *Lilly of the Valey*, *Water-Lilly*, and *White-Lilly*: The *Lilly of the Valey* is under *Mercury*, the other two are under the *Moon*. *Water-Lillies* cool Inflammations, heat of Agues, both outwardly and inwardly used, help ailments of the Head; the Root and Seed stop fluxes of Blood or Humours, either of the Womb or Wounds, stay Running of the Reins, and hinder Venery: The Decoction being drank in Wine or Water, cures Freckles, Morpew and Sunburn in the Face. The Distillation is likewise good for all the Distempers above.

*Lillies of the Valey* strengthen the Memory, cure all Inflammations, Pin or Web in the Eyes, also the Palsy, Apoplexy, Gout, and loss of Speech. The Leaf dry'd and snuffed up, cleanses the Head.

*Lillies (White)* resist Poyson, cure Fevers, Infections, Pestilence, scald Heads, Ulcers, Burns, and Scalds.

It is good for all the before-mention'd Distempers, if used either in Decoction, Juice, distill'd Water, or in Ointment.

*Liquorice* grows in Fields and Gardens, (the best groweth in *England*) is under *Mercury*, and is good against a consumptive Cough, boil'd with other things or by itself: It cures shortness of Breath, Pchisick, Hoarseness, and all Diseases of the Breast, Lungs and Reins; it's good against the Stone and Gravel, heals Ulcers, Strangury, and Heat of Urine. The Powder blown into the Eye, is good for Pin, Web, or Distillation. Spanish Liquorice steep'd in Water and drank quenches Thirst, and the Powder put into a Glass of Water, makes it resemble brown Ale.

*Liverwort* groweth on the Ground flat, and among Water; it's under *Jupiter* and *Cancer*, and is good for all Diseases of the Liver, cleansing and cooling it. It cureth the yellow Jaundice, is used in Diet-drink to cool the Reins, and help the Running thereof; also female Diseases it wonderfully helps, and Tettars, Itch, Ringworms, &c.

*Loose-strife* or *Willow-herb* groweth by Water-sides, and in moist Ground, is under the *Moon*, and is excellent for Wounds, stops Bleeding in any part, cureth the Bloody and all Fluxes, being drank by Decoction. It cures sore Mouths by gargling, also Sores in Privities. In Fenny Countries they burn it, to kill Vermin.

*Love-age* is a Garden-plant, and grows large, it is under the *Sun* in *Taurus*, hot in the 3d, dry in the 2d degree. 'Tis a great opener and digester, powerfully provokes the Terms and Urine. If you take half a dram of the Root powder'd in Whicewine, it heats a cold Stomach, helps Digestion, easeth Gripes, Cholick, and Wind, resists Poyson, Infection, and the Plague, cures Agues, Quinzay, sore Throats, if you gargle the Decoction; it also helps Pleurisie. The Juice dropt into the Eye, helps the Sight and Redness: Spots or Freckles it cures, if you wash with it.

*Lungwort* groweth on Oak-trees, is under *Jupiter* and

and cures a Cough, Shortness of Breath, Wheezing. If boil'd in Wine or Water, it cures Ulcers of Mouth, Throat, and Privities of both Sexes.

## M

*Madder* groweth in Gardens and Fields ('tis used by Dyers) and is under *Mars*. It is of an opening nature, leaving a strengthening quality behind. It opens all Obstructions of Spleen, Gall, Liver, Reins, or Womb. 'Tis excellent to cure yellow Jaundice or black, Palsie, Gout, Melancholy, &c. also Bruises inward and outward, if you boil and drink it in Water or Wine: The Fume is good for Women to sit over that want their Terms; it likewise clears the Skin of all Spots or Morpew.

*Maiden-hair*; there are two sorts, *white* and *golden*, and grow on Stone-walls, both under *Mercury*, but temperate, and much used in pectoral Decoctions, helping old Coughs, shortness of Breath, yellow Jaundice, provoke the Terms and Urine, loosen the Belly, stay Fluxes and Bleeding, strengthen the Liver, purify the Blood, and stop falling off the Hair, the Head being wash'd with the Decoction.

*Marshmallows* grow in salt Marshes, the common grow in all Fields, are under *Venus*, and open the Bowels and Reins; being boil'd in Broth or otherwise, are good in all Diseases of Urine, Reins, and Bladder, hot Agues, Gripes, Cholick, Pleurisy, Excoriation, Phthisick, Falling-sickness; helps Women to ease Travail, taken either in Juice, Syrup, Decoction or Ointment: It is good against stinging of Bees or Wasps, Poyson, Inflammation, Sores, St. Anthony's Fire, Roughness of the Skin, and Baldness, if used in Decoction or Ointment. It's good against Cramp, Kings-Evil, Convulsions, Chincough, Sunburn, Bruises, and all Pain and Aches. A Person I know troubled with the Cholick drinks it in Watergruel every Morning, and finds it beneficial.

*Maple-tree* groweth in Fields, and is under *Jupiter*. A Decoction of the Leaf and Bark strengthens the

the Liver and Spleen, opening their Obstructions, purifies the Blood, and cures sharp Pleuretick Pain in the Sides, and the Cholick.

*Marjoram*, both sorts grow in Gardens, are under *Mercury*. The *Sweet* is very good for the Head, and to comfort the Brain; taken any way, it strengthens the Stomach, opens Obstructions of Liver and Spleen. Both sorts cure the Dropsy, Cholick, Jaundice, Scurvy, and all cold Afflictions, such as Convulsion, Palsy, Deafness, if drank in Tea, distill'd Water, or Juice; the Poudre is good Snuff; chew'd, it draws Phlegm.

*Marigolds* grow in Gardens, are under the *Sun*, and the Flowers strengthen the Heart, resist Plague, Fevers, Measles, Small-pox, Swellings, and Inflammations, being much used, are good in Plaisters, and so is the Water for all the Ails afore-mention'd.

*Maudlin* groweth in Gardens, 'tis under *Jupiter*, and strengthens the Liver, resists Corruption, purifies the Blood, much the same with *Costmary*.

*Masterwort* grows in Gardens, is under *Mars*, hot and dry in the 3d degree. The Root is good in cold ailments of the Stomach, preventing Rheums if boil'd in Whitewine, curing Phthisick, Fits of the Mother, Dropsy, Falling-sickness, Green-wounds, Gout, Ulcers, putrid Sores, &c. causeth Sweat, resists Poyson, provokes Urine and the Courses, and expels a dead Child.

*Medlar-tree* groweth in Orchards, is under *Saturn*, cold, dry, and binding. When the Fruit is rotten it strengthens the retentive Faculty, stayeth all Fluxes in Men, Women, or Children; the Leaves boil'd do the same. The Fruit eat by breeding Women, stayeth their longing, and prevents Miscarriage. A Decoction of the Fruit and Leaves are good for a Woman to sit over who is troubled with too much flooding; also hot apply'd to the Stomach, it prevents Vomiting or Loathing. The Stones powder'd and drank in Whitewine, break and expel Stone and Gravel.

*Melilot* grows in Fields, is under the *Sun*, and is useful in a Poultrice, Oil, Ointment, Plaister, Fomentation,

tation, &c. mollifying hard Tumors, Swellings, and Inflammations: Apply'd outwardly to any griev'd Part, it giveth Ease: It hinders eating Ulcers spreading. Its Flowers and *Camomile* are much of the same Nature, and are used in Glysters to expel Wind: The Juice dropt in the Eye, taketh away Films, clearing the Eyesight. The Decoction drank, preserves from the Apoplexy, and cures Palsie and Falling-sickness.

*Mint* groweth in Gardens, and is under *Venus*, hot and dry in the 3d degree. It strengthens the Stomach, stays Vomiting and Hiccup, resists Poyson, is good in Stone, Gravel, Spleen, &c. maketh a sweet Breath, and expels Wind.

*Misseltoe* is under the *Sun*, hot and dry, of a very penetrating nature both Leaf and Berry; the Turpentine of it is excellent to soften hard Tumors and Imposthumes; and if either be hung about the Neck, it cureth Witchcraft. The Berries are good for Diseases of the Head, cause sneezing, and make Birdlime.

*Moneywort* grows in moist Ground, is under *Venus*, and is dry and binding, so good to stay all Fluxes in Men or Women, Lask, bleeding at Nose, Ulcers, &c. taken inwardly or outwardly.

*Moonwort* grows in dry Ground, where much Grass is; 'tis under the *Moon*, cold, dry, and binding; the Decoction stops Fluxes of Blood, Terms, and Vomiting, healeth broken Bones, green Wounds, &c. Some say this Herb will open Locks, unshoe Horses, with many suchlike Tricks.

*Moss*; there are several sorts, all under *Saturn*, of a dry binding quality. *Oak-moss* is most binding, it stops Fluxes, Vomiting, Bleeding, and cures Headach and Dropsy.

*Motherwort* grows in rich Ground and Gardens, is under *Venus*, and makes a cheerful Countenance; there's none better to drive out Vapours and Hypochondriack Melancholy; it settles the Womb after Labour, curing Trembling and Swooning, if the Decoction be drank in Wine some time. A dram of the

Pow-

Powder drank in Wine causes speedy Labour, provokes Urine and the Terms, cureth Cramp, cleanseth the Stomach of Phlegm, and may be used in Syrup or Conserve. It killeth Worms.

*Mousse-ear* grows in Ditches and Banks, is under the *Moon*, and the Juice or Decoction drank cures the Jaundice, Gripes, Stone, Phthifick, Dropsy, Bloody-flux, Ruptures, Gout, Cankers, and any spreading Sore or Ulcer.

*Mugwort* groweth in Fields and Highways, is under *Venus*, and is good for Womens Obstructions, provokes Birth, and breaks the Stone, if they sit over the Decoction. If taken in Wine or Syrup, it cures the Kings-Evil, Sciatica, Cramp, and Weariness.

*Mullein* groweth in Lanes and Highway-sides, is sharp, and whitish or woolly-leaf'd, is under *Saturn*, and opens the Stomach, Womb and Reins much, yet it stops Lask and Flux. A Decoction gargled healeth the Toothach.

*Mulberry-tree* groweth in Gardens or Orchards, and is under *Mercury*. The Fruit is cooling and opening if ripe, the unripe binding, especially if dry'd and powder'd, it stayeth Lasks and Womens Courses, Bleeding, Sore Throat and Mouth, Piles, and Toothach.

*Mustard* groweth in Gardens and Corn-fields, hot and dry in the 3d degree, and is under *Mars*. 'Tis excellent for cold Stomachs and cold Diseases, and as bad for the hot and cholerick; it resists Poyson, and strengthens the Heart; 'tis excellent for the Falling-sickness, Lethargy, Sneezing, and prevents an Ague, Sciatica, stoppage of Urine, Toothach, Bruises, Morpew; by gargling it preserves the Palate, Palsie of the Tongue: By sleeping it in Ale and drinking it, the Louzy-Evil and Dropsy are cured.

The *Hedge-Mustard* groweth in Hedges, is under *Mars*, and is much of the same Nature, but reckon'd more powerful in Diseases of the Breast and Lungs.

*Nailwort* grows in gravelly places and Stone-walls, and is under *Venus*, being used chiefly for Diseases of the

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the Fingers and Nails, as Whitloes, Feloes, Imposthumes, Wheals, &c.

*Nepmint* groweth in Gardens, is under *Venus*; being hot, it provokes the Terms, if drank in Wine or other things: The Juice drank in Wine is good for a Cold, Bruise, Short-breath, Cramp, and Vertigo; it drys up Scabs if taken in Decoction.

*Nettles* grow in most places, are under *Mars*, and the young Tops boil'd in Broth cleanse the Stomach, Blood, and Reins of gross phlegmatick Humors; they are excellent for Wheasing, Short-breath, Pleurisie, stoppage of Urine, Gravel, and Stone, provoke Terms, relieveth Poyson of mad Dogs or Serpents. The Seed drank in Wine cureth Leprosie, Poyson of Henbane, Nightshade, &c. Bleeding is stopt by smelling to the Herb. A Decoction cureth Ulcers, Itch, Scab, Sciatica, &c. laying stinging-Nettles to Arm or pain'd places Morning and Night. 'Tis good against Rheumatick Pains. The Seed put among a Horse's Food 'twill fatten him.

*Nightshade* groweth under Walls, is under *Saturn*, and is excellent to cool Inflammations of the Eyes, the Shingles, Ringworms, Gout, immoderate Fluxes, &c. if made into an Oil, or if made into Ointment. 'Tis not to be taken inwardly, because 'tis poysonous.

## O

*Oak-tree* grows in Woods and Fields, is under *Jupiter*, dry and binding. The Bark, Leafs, and Cups, either decocted, distill'd, or powder'd, stops Fluxes, Blood-spitting, Vomiting, shedding Seed, and healeth Ulcers. The Cups powder'd and taken in Wine, provoke Urine, break the Stone, heals Sores, &c. The Water found in a hollow Oak is very good in Ulcers and spreading Sores.

*Oats*, being fry'd with Bay-salt and laid to the Side, cures Stitches and other Pains. The Meal is often used in Poultices to cure Leprosie, Fistula in the Fundament, Imposthumes, dissolve hard Tumors, and take from the Face Freckles and Spots.

One

*One-blade* grows in shady places, is under the *Sun*, and is good against Plague or Poyson, also for Wounds. The Root taken in Wine and Vinegar, of each half a dram, and sweating after it, defends the Heart, &c.

*Onions* grow in Gardens, are under *Mars*, hot and dry in the 3d degree, but very attractive and drawing; being bruised and apply'd, they cure a Burn or Scald. A large Onion being steep'd in Whitewine all Night and drank, gives present Ease in the Stone.

*Orpine* groweth in Gardens, Fields, and Woods; is under the *Moon*, and good in all Wounds, Excoriation of the Bowels, Fluxes, Inflammations, Ruptures, Scalds, Burns, &c. the Decoction being drank, or made into Oil, Poultice, or Ointment.

## P

*Parsley* grows in Gardens, is under *Mercury*, hot and opening; it strengthens the Stomach, provokes Urine, opens all Obstructions of Liver and Spleen, dissolves Stone and Gravel, resists Poyson, cures Cholick, Jaundice, Dropsy, Gripes, &c. by taking the Seed in Wine. There is a *wild Parsley*, which has much the same Nature and Vertues.

*Parsnip* (Garden and Wild) is under *Venus*, and is a great nourisher, but windy, and createth Seed, provokes Urine, cleanseth the Reins, for which the wild is best, expels Wind in the Bowels or Stomach, and provokes Urine. The Seed is more efficacious than the Root.

*Pellitory of Spain* grows in Gardens, is under *Mercury*, and is one of the best Purgers of the Brain that is: An ounce of the Juice taken in Muskadel an hour before an Ague comes, drives it away assuredly at the second or third taking. The Herb or Root chew'd, or the Juice snufft, cures Pain in Gums or Teeth, and hinders Distillation on the Lungs; 'tis good in a Lethargy, Falling-sickness, Gout, Sciatica, &c.

*Peack-tree* groweth in Gardens, is under *Venus*, and is of a cooling quality. The Flower and Leaf made into a Syrup, is a very good Purge for Children and such

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such as have the Jaundice: The Flowers powder'd and strew'd on Wounds, stops Bleeding; laid to the Belly, it kills Worms; the Kernels of Peach-stones easeth Cholick and Gripes.

*Pear-tree* grows in Orchards, is under *Venus*, and the Fruit loosens the Belly. The four are cooling and binding, and if bruised and apply'd to a green Wound, they cure it.

*Pease* are excellent Food, but windy. When about a hand high, clip the green Stalks and boil 'em, they eat well, and in Milk they eat like Pease-pottage.

*Pepperwort* groweth in Fields, is under *Mars*, and is good for a Gout in the Joints, Sciatica, &c. The Juice drank in Whitewine procures speedy Delivery.

*Periwinkle* grows in Orchards and Woods, is under *Venus*, and causeth Love if a Man and Woman eat it together: If decocted in Wine and drank, it stoppeth Bloody-flux and Terms, for 'tis very binding.

*S. Peter's Wort* grows in Woods, is a Plant of the *Sun*, and of the Nature and Vertue of *S. Johns-wort*.

*Pimpernel* grows in Meadows, and among Corn, is under the *Sun*, and will draw Thorns out of Flesh, and cleanse the place.

*Pine (Ground-)* groweth in Fields, is under *Mars*, but rarely found in *England*. The Decoction in Wine is good for the Strangury, it opens Obstructions of the Liver, Spleen, or Courses, expels the dead Child and Afterbirth, cures the Poyson of venomous Beasts, Gout, Dropsy, Ulcers, and old Coughs, by Decoction, Syrup, or distill'd Water. 'Tis dangerous for Women with Child.

*Plantane* groweth in Highways, is under *Venus*, and is cold and dry in the 2d degree. 'Tis good to stay Fluxes, Blood-spitting, green Wounds, Consumption, Phthisick, Ulcerated Lungs, Dropsy, Falling-sickness, Bites of mad Dogs, and all Diseases of the Body, seeth it in good Liquor, and drink it. Drank in Tea several Mornings, it's good against the Plague.

*Pellitory of the Wall* grows by Fields and on Walls,

is under *Mercury*, and if decocted in Whitewine, it cures the Stone, and is good for an old Cough, and shortness of Breath. The Juice provokes Urine, eases Pain in the Back and Sides, heals Scab and Ulcer, and cures the Gout.

*Peony-royal* groweth in Gardens, but under *Venus*, and is very hot. It cutteth Phlegm, disperses gross Humors, warms a cold Stomach, openeth Obstructions of Reins and Liver, provokes the Terms, brings forth the dead Child and Afterbirth, helps the Gout, keeps from fainting and vomiting; it cures Cramp, Dropsy, Jaundice, Pain of the Head, if you drink the distill'd Water or the Decoction in Tea; wrap the fresh Leaf in a Cloth and lay in a Bed, it drives away Fleas. A Tea made of it, sweetned with Honey, is excellent for the Phthisick and a Cold.

*Peony* grows in Gardens, and is under the *Sun*. There are two sorts, male and female; the male is proper for Men, the other for Women. The Root is very good against Falling-sickness, Convulsions, Fits of the Mother, Nightmare, or melancholy Dreams, if taken powder'd in Sack, Whitewine, Blackcherry Water, or a Syrup made of the Flowers.

*Plumbs* grow in Orchards, and are under *Venus*: There are several sorts, the sowre are cold, the sweet hot and loosening: To dry Rheums and heal Ulcers the Leafs make a good Gargle for the Mouth.

*Polipody of the Oak* grows on stumps of the Tree, is under *Saturn*, but what grows upon the Tree is best. It purgeth Melancholy, cures Quartan Agues, Cholick, Spleen, Cough, Polipus, weakness of Lungs. The Root beat small, cures Chaps in Finger or Toe.

*Poplar-tree* groweth in moist Woods, is under *Saturn*, both sorts. The white cures the Sciatica, if the Powder of the Bark be drank in Wine; and the Juice of the Leaf dropt in the Eye, clears the Sight. The black is more cooling. A Juice that drops from the hollow of this Tree cureth Warts and Itch. The Ointment call'd *Populeon* is good against Inflammations.



*Poppy* groweth in Gardens and wild among Corn, is under the *Moon*, and is of a cold nature, hindering hot Rheums from distilling on the Lungs, cause Sleep, cures Hoarseness, Surfeit, Falling-sickness, and Pleurisie : Outwardly apply'd, it cures Inflammations.

*Purslain* grows in Gardens, is an Herb of the *Moon*, and is very cooling in hot Distempers to quench a Thirst : It stops all Fluxes, Vomiting, and Cough ; it cures Ulcers in the Privities, Redness of the Eyes, St. Anthony's Fire, Burns and Scalds, fastens Teeth, and cures both Gout and Cramp.

*Primroses* grow in Fields, are under the *Moon*, and inwardly or outwardly taken, are good for Wounds.

*Priest* grows in Woods, is under the *Moon*, and is good to wash sore Mouths and Eyes, Inflammations, and any part afflicted with Heat.

*Quince-tree* groweth in Orchards, is under *Saturn*, and of a binding quality ; it creates an Appetite, stays Fluxes and Vomiting ; it cureth Poyson, Choler, and Plague-sores, being eat, or in Syrup.

## R

*Radishes* grow in Gardens, are under *Mars*, hot and dry in the 3d degree, but are rather for Sauce than Nourishment ; the Tops boild young, eat like Spinage. They provoke Urine, and the Rhine scraped and steep'd in Whitewine, is good against Gravel and Stone.

*Radish (Horse-)* groweth in Gardens, and is under *Mars*. The Juice opens the Stomach, is good against Worms, Scurvy, Gravel, Stone, and Gout, provokes the Terms and Urine, and whets the Appetite.

*Ragwort* groweth in Pastures, is under *Venus*, and is a great cleanser and digester. The Decoction cures Ulcers and sore Mouths, if wash'd therewith : The Juice is good for the same.

*Rape*, boild and eat young with Bacon, is wholesome and pleasant Food.

*Rattle-grass* (two kinds, red and yellow) grows in Woods, is under the *Moon*, and is good in Fistula's and

and Ulcers, is binding, and stayeth Courses, being decocted in Red-wine. The yellow is good against a Cough ; if injected into the Eye, draws out Films.

*Restharrow* grows in plow'd Land, is under *Mars*, and very opening ; it helpeth stoppage of Urine, the Stone and Gravel, also a Rupture. Boil'd in Vinegar, it cures Toothach, Ulcers, and opens Obstructions.

*Rocket (Winter-)* is under *Mars*, grows in Gardens, and is seldom eat alone, in regard it fumeth into the Head, and causeth Ach and Pain : It exciteth Lust, helps Digestion, provokes Urine, cureth Bites of venomous Beasts. Used outwardly, it clears the Face. This and Lettuce together is good for the Heart, Liver, and Brain.

*Roses* white, red, and damask ; the red are under *Jupiter*, the damask under *Venus*, and the white under the *Moon*. The Juice when fresh gather'd purgeth Choler ; but the damask are most purging, and the white and red most cooling, binding, and drying. Being dry'd, they are excellent Cordials, especially the red, and are good for Headach, inflam'd Eyes, Blood-spitting, Heat, the Terms in Women, and Overflowings in Men : All which, and more, is effected by the Decoction, Water, Conserve, or Syrup.

*Rosa Solis* or *Sun-dew* groweth in moist places, is under the *Sun*, and is excellent to prevent and cure Consumptions, therefore commonly distill'd in Spirit of Wine with other Ingredients. It helps shortness of Breath, Rheums, Ulcers of the Lungs, Palpitation of the Heart, and cheers it.

*Rosemary* groweth in Gardens, is under the *Sun*, and is excellent for cold Rheum distilling from the Head, by drying it up and strengthening the Brain and Stomach : 'tis prevalent against Passion, Falling-sickness, Toothach, weak Memory, dimn Sight, stinking Breath, Plague, Jaundice, Deafness, Cold, Cough, and Consumption ; it matches any thing.

*Rhubarb* grows in Gardens, is under *Mars*, and not inferior to that of *China*. There are three sorts, all

all wholesome in Physick, and very safely purge Melancholy and Phlegm, leaving a binding quality, for that reason reckon'd good in a Flux; it purifies the Blood, cureth Ulcers, Jaundice, Stoppage of Urine, Kings-Evil, Dropsy, Gout, and Swelling in the Head.

*Rue*, both sorts grow in Gardens, are under the *Sun*, and are excellent against the Plague, Poyson, and Cholick, provoke Urine and Courses, cure Agues, abates Venery, &c. Stamp'd and apply'd, it helpeth swell'd Testicles, Pain of the Stomach or Ears, Pimples, Ulcers of Head or Nose, and maketh lean.

*Rushes* grow in Fields, are under *Saturn*, but cold, dry, and binding: They stay Flux and Whites, cause Sleep, and ease Headach, but are so little valued for Physick, that they are — *Not worth a Rush*.

*Rye* in under *Venus*, is more physical than Wheat, and the Bread or Leaven of it breaks Imposthumes, Swellings or Boils in any part of the Body.

S.

*Saffron* grows in Fields, is under the *Sun*, and is one of the best Cordials in the World. It resisteth all Infections, strengthens the Heart, is good against Poyson and bad Air, if a little be given in Wine, Milk, Ale, or Beer; much is hurtful, because of its great heat: It helps breathing, quickens the Brain, cureth Consumption, Measles, Small-pox, and Jaundice. The Roots of all *Crocus's* are of the nature of *Hermodactyls*, that is, the Roots of Saffron; it purgeth Phlegm.

*Sativian* grows in Meadows, but there are diverse sorts, 'tis under *Venus*, hot and moist: The Root stirre up Lust; if they are put in Water, those that sink are good, but those that swim bad. If bruised and laid to the Kings-Evil, it helps.

*Sage* groweth in Gardens, is under *Jupiter*, and resists the malignity of any Food eaten with it, purifieth the Blood, dries up phlegmatick Humors, and is good for the Liver. Decocted, it provokes Urine; it cleanseth Ulcers and Sores, helps Conception, hinders Miscarriage, prevents Blood-spitting, Headach, Lethargy:

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*gy*, Palsie, Hoarseness, Cough, Flux, and biting of venomous Creatures. Wood-Sage is of the same vertue, but is chiefly used in Decoction for the French Pox.

*Sassafras*, see *Ague-tree*.

*Solomon's Seal* groweth in Woods and other places, 'tis good in all Wounds, old Sores or Bruises, inward or outwardly taken; it helps Fluxes, Bleeding, Running of the Reins, cures broken Bones or Dislocations in Man or Beast, and beautifies the Face.

*Sea-holly* grows about the Sea-coast, is under *Venus*, and encreases Seed much, being of a hot and moist nature. The Root boil'd in Whitewine opens Obstructions of Liver and Spleen, and cures yellow Jaundice, Cholick, Dropsy, French Pox, Stone, Kings-Evil, Agues, &c.

*Samphire* grows on Rocks, is under *Jupiter*, and expels Urine, Gravel, Stone, and opens Obstructions of Liver and Spleen.

*Sanicle* grows in shady places, is under *Venus*, and is a good Wound-herb; it cureth Imposthumes, Ulcerous Sores, inward Bleeding, Running of the Reins, Sores in the Privities, stops the Terms, Lask, and Fluxes.

*Saracens Woundwort* groweth by Woods and wet Ground, is under *Saturn*, and cureth yellow Jaundice, Dropsy, Obstructions inward Wounds, Ulcers of the Kidneys, old Sores, Agues, a sore Mouth, and Sores in the Privities.

*Savine* groweth in Gardens, is under *Mars*, and kills Worms, provokes the Terms, and destroys the Fruit of the Womb. If dry'd and powder'd, and mixt with Honey, it cureth Fistula's, Plague-sores, Carbuncles, Kings-evil, Ringworms, Tettars, Cankers, and Venereal Sores.

*Savory* grows in Gardens, is under *Mercury*, and is good for Cholick and Iliack Passion; it provokes the Terms and Urine, helps dimn Sight and Lethargy, Noise in the Ears, Gout, Palsie, and venomous Bites, if taken by Decoction, or otherwise.

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*Saxifrage* (there's two sorts) groweth in Meadows, is under the *Moon*, and very hot, causing Urine: They cleanse the Reins of Gravel and Stone, Cough and Phlegm, opening the Stomach; they resist Poyson, cure Convulsions, Cramps, &c. Being decocted in Ale or Wine, and that dropt into Wounds, cures them.

*Scabious* groweth in Fields and Meadows, is under *Mercury*, (there are three sorts) and a good Herb for Consumptions, helping Coughs, inward Ulcers, Imposthumes, Pleurisie, Sores, Itch, Scabs of all sorts, Freckles, Wounds, Stitch.

*Scurvy-grass* groweth in Gardens, is under *Jupiter*, and cures the Scurvy and gross Humors, openeth Obstructions of Liver and Spleen, creates a good Appetite, helps Digestion, is good for a sore Mouth, Spots, Ulcers, Deformities of the Skin, makes a good Complexion, and an excellent Diet-drink.

*Self-heal* groweth in Fields, is under *Venus*, and healeth any Cut or Wound, Ulcers, Bruises, sore Privities or Mouths, if you use the Juice to the Wound, and drink the Decoction.

*Sellary* eat in Sallad warms the Stomach; boil'd in Gruel, it helps a short Breath.

*Service-tree* grows in Orchards, is under *Saturn*, and rotten-ripe it stops Fluxes, bleeding at the Nose, Vomiting, or Wounds; but *Medlars* are more powerful.

*Shepherds-purse* groweth on Bank-sides, &c. is under *Saturn*, and of a cold, dry, binding quality; it helpeth spitting of Blood, stops Fluxes of the Belly and pissing of Blood, cures the Jaundice, Noise in the Ears, provokes the Terms, and is excellent for any Wound in the Head.

*Smallage* grows in watery Grounds, is under *Mercury*, and is more opening and hot than *Parsley*. It cures the Jaundice, provokes Urine and the Terms, helpeth Obstructions of Liver and Spleen, cureth Ulcers, Ague, sore Throat, Cankerworm, and a stinking Breath.

Breath, either Herb or Root. It maketh a Pottage or Gruel that cleanses the Blood, opens Obstructions, and eat twice a Day, 'tis an effectual Remedy against a Consumption.

*Sopewort* grows in Fields, is under *Venus*, and if outwardly apply'd, it cures all Wounds; inwardly, it provokes Urine and the Terms, cures the French Pox, and expels Gravel and Stone.

*Spinage* boil'd is excellent Sauce; and eaten with Meat, or alone, 'tis laxative, breeds good Blood, opens Obstructions. This and Buds of Colworts, or this and the tops of Mint and Balm, boil'd and eat with Butter, Salt, and Bread, is excellent Food; or eat with Endive and young Parsley.

*Sorrel* is under *Venus*, grows in Fields and Gardens, and is very cooling, allaying Fevers and Inflammations, creates an Appetite, healeth Ulcers, resists Pestilence and Plague. *Wood-Sorrel* is singular good in Fevers and Wounds, and is more cordial than t'other. It stays Bleeding, all Defluxions, &c. and the Syrup is excellent.

*Spurge*, it's poysonous, being a violent Purger. Read *Cole's Adam* in *Eden* for using it.

*Strawberries* grow in Fields and Gardens, are under *Venus*, but cooling, and open cholerick Stomachs, quench Thirst, provoke Urine, stay Vomiting. The Leaf and Root is good in Whey or Water, they cool the Blood and Reins, cure the Jaundice, Ulcers, sore Mouth, pimpled Faces, and inflamed Eyes.

*Succory*, or *Chickory*, groweth in Gardens and Fields, boil'd in Wine or Water, it purgeth the Stomach of phlegmatick and cholerick Humors, cures the yellow Jaundice, Ague, Dropsy, Passion of the Heart, Inflammation, St. Anthony's Fire, and opens Obstructions: The distill'd Water is good for sore Eyes; the Leaf bruised allays Inflammation and Swelling. The wild *Succory* is bitterest, and for the Liver most effectual.

*Stonecrop* grows on Stone-walls, and is under *Mars*. It stops Bleeding apply'd to any Part. Being taken in-

inwardly by Decoction or Juice, it vomits and purges strongly; it cures Knots and Nodes, Agues, Pestilential Fevers, and Kings-evil.

*Southernwood* grows in Gardens, is under *Mercury*, and cures the Stone, Spleen, Vapours, French Pox, Baldness, sore Privities, Wheals, Ulcers, inflam'd Eyes, red Faces, Ague, Poyson, Ruptures, Sciatica, Convulsions; and by Decoction, Short-breath and Asthma, beating it well, and mixing it with Sugarcandy, in Cakes as big as a Half-crown, eating a few now and then.

*Southistle*, when young, is a good Sallad raw or boil'd; it grows by Walls, Bank-sides, &c. 'Tis an Herb of *Venus*, and is good to help Pains and to cool a hot Stomach. The Milk squeez'd out of the Stalk is good against Short-breath and Wheasings; if drank in Wine, it cures a stinking Breath, Gravel and Stone. It causeth speedy Labour to Women, if 2 or 3 Spoonfuls of the Juice be drank with Oil and Wine.

*Spignel* groweth in Gardens wild, is under *Venus*; the Roots are bad for the Headach, if too much be taken, but provoke Urine and the Courses. It cutteth Phlegm, helps Pain of the Stomach, and is good for Poyson of venomous Beasts.

*Spleenwort* groweth upon the Ground about Stonewalls, and is under *Saturn*. The Root and Herb being boil'd, helps the Spleen, yellow Jaundice, Hiccup, and Running of the Reins; but if used by Women, it hinders Conception. It cureth the Stone, and all Melancholy Diseases.

*Starthistle* groweth common, is under *Mars*, and the Seed powder'd and drank in Wine break the Stone, help Plague, French Pox, and Strangury: It cureth Agues, and opens all Obstructions.

*Staves-acre* (cold in the 4th degree) powder'd and mix'd with fresh Butter or Oil, kills Lice, Nits, and Itch. The Seed killeth Bats, and held in the Mouth it expels Rheum and helps the Toothach. 'Tis dangerous to take inwardly.

T

*Tamarisk-tree* grows in Gardens, is under *Saturn*, and cureth Blood-spitting, stops the Courses, is good against the Jaundice, Poyson, Dropsy, Scabs, French Pox, Ulcers, sore Eyes or Ears, by boiling the Branches in Wine or Vinegar, and applying it.

*Tansie* groweth in Gardens and elsewhere, is under *Venus*, but very opening; it cleanseth the Blood, Bladder, Womb, and helps all Diseases of the Reins, Cramp, Stomach-worm, &c. either in Decoction or fry'd. The wild stops a Bloody-flux, Lask, Terms, provokes Urine; the distill'd Water takes away Deformity of the Face, making the Skin white.

*Taragon* is excellent good eat with *Lettuce* raw or boil'd, and is good for the Heart, Liver, and weakness of the Brain.

*Tobacco* is under *Mars*, 'tis good for the Phlegmatick, and bad for the Cholerick to smoke: It brings away Phlegm by either smoaking or chewing it: It helps Pains in the Bowels, the Stone, stoppage of Urine, and Agues. Made into an Ointment, it heals Wounds, Sores, Ulcers, Scab, Cankers, Imposthumes, and kills Lice. I am told, that Sage mix'd with it prevents its hurting the Eyes, and some smoke Betony and Coltsfoot with it. Likewise put 10 or 12 drops of Oil of Aniseeds into a Box of Tobacco, and smoke a Pipe now and then, cures a Rheumatism. Dr. Vener prescribes to correct the fulsom Vapour, the Root of *Sassafras* or *Lign Aloes*, for the one comforts the Brain and Sinews, t'other the Heart and Spirits, a grain of either in the midst of a Pipe full. Also to mix with 8 or 10 Pipefuls one drop of Oil of Rosemary, is good for a cold moist Brain. A certain Author makes it a Panacea for all Diseases, but Dr. Vener says, Had he restrain'd it to Wounds, Scabs, Ulcers, &c. it had been well. A little (either Leaf or cut) put into the Nostrils, purges the Head and Brain well, and is excellent for that purpose: The Ashes cleanse the Gums, and the Herb bruis'd and apply'd, help

help the Kings-evil, and Bites of venomous Beasts. 'Tis also good to smoke in time of Plague; but to prevent and cure that, there's excellent Receipts in *Hartman's Preservative against all Diseases*, and in a Book call'd *A Thousand Notable Things*, two Books worth minding.

*Thistles* grow common, are under *Mars*, and boil'd in Wine they cure stinking Urine, and help the bad Smell of the Armpits. The *Cotton-thistle* being large, helpeth Cricks in the Neck, and is good to eat.

*Teasell*, or *Fullers-Thistle*, groweth wild and in Gardens, is under *Venus*, and cureth Cankers, Fistula's, Warts, Worms in the Ear, red Face, &c. Chaps being wash'd with the Decoction, cures 'em. Cloth-dressers use it much.

*Treacle*, *Mustard*, and *Mithridate* Herbs of *Mars*, grow by Hedges and River-sides, which being used in Glysters help the Sciatica, purge upward and downward, cause Abortion, resist Poyson, therefore good in Mithridate and Treacle, used in some Cases instead of Mustard.

*Thorn* (Black-) grows in Hedges, is under *Saturn*, cold, dry, and binding. The Sloes make Gargles for the Mouth, the Leaves stay Bleeding, Flux, and the Courses. Sloes boil'd, and the Juice squeeze'd from them and put in Cyder, giveth it a colour and rough taste like Claret, and may be as wholesome.

*Thorow-wax* (or *Thorow-leaf*) groweth in Corn-fields and Pastures, is under *Saturn*, and is good for Wounds, Bruises, Ulcers, Ruptures, inward or outward, the Decoction drank in Wine or Water, or the Pouder taken inwardly, or the Leafs bruised and apply'd.

*Thyme* groweth in Gardens, is under *Venus*, and is a noble strengthener of the Brain: Nor can a better Medicine be given Children for a Chincough: 'Tis good to kill Worms, for short Breath, against Phlegm, and to provoke Urine or Terms: It causeth easie Delivery to Women in travail, cures Swellings, Sciatica, Gout,

Gout, and swell'd Privities, if you eat the Herb, or drink the Decoction.

*Mother of Thyme* doth the same, and strengthens both Head and Stomach, and likewise helps Vomiting.

*Tormentile* groweth in Woods and shady places, is under the *Sun*, and both Root and Herb is excellent to stay Bleeding, Flux, and Terms; they allay Heat in Fevers, Pestilence, Plague, and Small-pox. The Decoction drank in Wine, or Pouder of the Root, is good against Purples, Poyson, &c. it opens Obstructions of the Spleen, Liver, and Lungs, cureth yellow Jaundice, Gout, Toothach, Ruptures, scabby Heads, and helps Abortion. The Root boil'd in three pints of Water, with Loaf-sugar in it, till 'tis reduced to a quart, and a pint of Claret put to it, so drank, is good for the Piles inward or outward; so is *Tarrow-Tea* sweetned with Loaf-sugar, and drank. *Tormentile* clears the Sight, tho' almost blind. See *A thousand Notable Things*.

*Turnsole* groweth in Gardens, and is under the *Sun*. Decocted in Water and drank, it purges both Choler and Phlegm, breaks the Stone, opens the Urinary Passage, cureth Gouts, Warts, Wens, &c. only by applying the Herb outwardly bruised with Salt.

*Turneps* are good for Consumptions, and the Tops (when boil'd young) are good to eat.

*Tutsan* groweth in woody Ground, is under *Saturn*, and is good against Venery, purgeth Cholerick Humours, cures the Gout, Ulcers, Wounds, Sciatica, &c. If inwardly taken by drinking, or outwardly by bathing, washing, or Ointment, it healeth Wounds.

*Valerian* groweth in Gardens, is under *Mercury*, and mightily provokes Urine. The Decoction drank, helpeth Strangury, moves the Terms, cureth Pain in the Sides, helps Cough, Wind-Cholick, Pestilence, Pin or Web in the Eye, Headach, Wounds, and draws out Thorns.

*Vervain* groweth by Way-sides and Hedges : It both strengthens the Womb and opens Obstructions, cures venomous Bitings, Jaundice, Plague, and Agues ; it killeth Worms, cures Dropsy, Gout, Cholick, and is good for phrentick People. Drink it loil'd in Wine, it cureth Gravel and Stone ; it heals Ulcers, Wounds and Fistula's, and strengthens the Brain and Optick Nerves, if anointed with it. This, Agrimony, and Plantane, each an equal quantity, bruise'd and boild in Whitewine, and a good quantity drank in a Morning, (or bruise'd with Bay-salt and apply'd) cures all Creatures bitten by mad Dogs, which if bit at Full-Moon, fall mad at New ; and if at New-Moon, fall mad at Full.

*Vines* grow in Gardens, &c. are under *Jupiter*, and its Fruit cheers the Heart : The Leaves boild, make a good Mouth-water ; the Ashes of the Branch burnt makes Teeth white ; the Juice or Tears drank, break the Stone.

*Violets* grow in Gardens and wild, are under *Venus*, but very cooling and harmless ; they abate Inflammations. The Syrup or Decoction of Root, Leaf, and Flower purge the Blood, Reins, Bladder, Matrix, &c. Outwardly apply'd as a Poultice, it helpeth Headach, abates Swellings and Impostumes : Inwardly taken, they open Obstructions of the Liver, cure Jaundice, hot Agues, and make a good Gargle for Mouth and Throat.

## W

*Wall-flowers* grow on Walls, are under the *Moon*, and are good in Gouts, Palsie, Apoplexy, Pains in the Joints. The Flower decocted, infused, or made into a Syrup, opens Obstructions of Liver or Spleen, provokes Terms, and brings away After-birth.

*Walnut-tree* groweth in Orchards and Fields, is a Plant of the *Sun*, and the Fruit, Leaf, and Bark is an Antidote against Poyson, but best before the Shell begins to harden : They are naturally binding, but kill Worms, cure Inflammations of the Throat, biting

of venomous Beasts. If bruise'd with Onions, Salt, and Honey, they cure Carbuncles, stop Fluxes, &c. A preserve'd Walnut is good against Plague or Infection, if taken in a Morning fasting. The Oil of the old Kernel cureth Deafness, if put into the Ear.

*Wart-Cichory*, either eat in Sallads, or laid on the Wart, cures 'em to admiration.

*Wold* (*Dyers-weed*) grows in wet places, is under *Mercury*. Being decocted, it cureth Phlegm and gross Humours, dissolves hard Swellings, cureth Bites from venomous Beasts, kills Worms, and resists Infection.

*Wheat* groweth in Fields, is under *Venus*, and if you press an Oil out, it cureth Tettars, Ringworms, Chapt Hands, Ulcers, &c. The Flower boild in Vinegar and made a Poultice of, cures the Rickets and Joint-Evil.

*Willow-tree* groweth by Water-sides, is under the *Moon*, and the Seed, Bark, and Leaves stay bleeding, spitting of Blood, and Bloody flux. The Decoction drank in Wine, cures Cholick-pains, Vomiting, heat of Lust ; and the Eyes being wash'd therewith, cures dimn Sight.

*Wood* grows in Fields, &c. is under *Saturn*, and is cold, drying, and binding : It stops Bleeding, and softens a hard Spleen, Inflammations or Ulcers in any Part.

*Wolfsbane* being poysonous inwardly taken, forbear its Use.

*Woodbind* grows in Hedges, is under *Mercury*, and is good for the Lungs against Asthmatical Diseases, very cleansing, and opening Obstructions, provoketh Urine and the Terms, causeth speedy Delivery, provided you drink the Decoction of the Flowers or Leaves. The Ointment cureth Freckles, Palsie, Cramp, and Convulsions.

*Wormwood* groweth in Fields and other places, is under *Mars*, and is hot and dry : It purifieth the Blood, creates a Stomach, helps Digestion, Surfeits, and yellow Jaundice ; cureth all biting of venomous



Beasts, Poyson of Mushrooms, and kills Worms. The Use hereof preserves the Body in health; drank cold in Purl, it does not hurt the Eyes, but is good for the Piles.

## Y

*Yew-tree* groweth in Church-yards, is venomous, and the Fume kills Mice. Some say the Berries fatten Fowl. The Juice helpeth biting of Vipers; the Wood rasp'd and drank, helps biting of mad Dogs: It's counted Poyson inwardly taken.

*Yarrow* grows in Pastures, is under *Venus*, and put up the Nose, it makes you sneeze, your Nose to run, so consequently good against the Vertigo. An Ointment of it is good in green Wounds, Ulcers, Fistula's, &c. especially such as abound with moisture: It cures Inflammations. The Decoction drank cures the Bloody-flux; being chew'd, it helps the Tooth-ach, Running of the Reins, and Whites in Women. 'Tis excellent for the Piles, drank in Tea sweetned with Loaf-sugar, so is *Tormentile*.

*Zedoary* groweth in Fields, &c. is under *Mars*, hot and dry in the 2d degree: It expels Wind, good against Poyson and Infection, it slays Vomiting, stops Fluxes and Terms, kills Worms, and is used in Antidotes against the Plague. You may take the Root powder'd (half a dram) in Wine, Ale, Tea, Posset-drink, or as you like best.

### The Art of Herb-gathering.

**G**O into the Field, you'll find growing by Walls and Hedge-sides frequently Cinquefoil, Houndstongue, Flaxweed, Jack-by-th'-hedge, Knot-grass, Mugwort, Shepherds-purse, Vervain, wild Tansie, wild O-rage. In Clofes you'll find Bedstraw, wild Carrots, Dandelion, Daisies, Earthnuts, Knapweed, Ragwort, Scabious, Trefoil, Yarrow. Among Corn you'll find Blue-

Bluebottles, Cow-parshnip, Corn-marigold, Fumitory, Bindweed, Mayweed, Pimpernel, Poppies, Restharrow, Sowthistle. In Woods you find Agrimony, Milk-wort, Cistus, St. Johns-wort, Ladies-mantle, Moonwort, Mouse-ear, Tormentile, Satyrions, Sorrel, Wood-Betony, Wood-Spurge, &c. In Meadows you will find Burnet-Coxcomb, Lousewort, March-Marigolds, Moniworth, Meadsweet, Meadow-Rhubarb, &c. In Bogs you'll find Butterwort, Buckbeans, Cottongrass, Valerian, Horsemint, Horse-tail, Peonygrass. On Banks of a River you'll see the great Valerian, Sneeswort, Comfrey, Watercresses, Aliheal, the great Dock, Water-hemp, Flower-de-Luce, Willow-weed, Water-Betony. Cast your Eye toward the Water, therein you'll find Water-lilly, Frogbit, Water-Milfoil, Burweed, Calthrops, Water-Plantane, Water-Parsly, Arrowhead, all sorts of Flag Bulrushes. And by Ditches you'll find Ducksmeat, Water-Crowfoot, Brooklime, Water-parshnip, Water-Cresses, Water-Horehound, Horsemint, Water-Scorpiongrass. Near Town lift up your Eyes to the Walls, and there you'll see Maidenhair, Whitlow-grass, Wall-Bugloss, Polipody, Wallflowers, Rocket, Pellitory. Then look toward House-tops, and you'll perceive Singreen or Houfleck, Stonecrop, Herb-Robert.

And now you can't but say I have named a great many Herbs, but then say you, 'To what Purpose? Why, you must observe, Herbs in their proper Places have the greatest Vertues, tho' perhaps they may be found in other Places too; and you find, that though some may grow in diverse places, yet others are so confin'd that they cannot be brought into a Garden: Some of those which grow in the Water will not easily be perswaded to grow any where else; so it is with those that delight in dry places.

### To make Tea's or Gruels.

Look into your Herbal, you'll find the Vertue of the Herbs you intend to make Tea, for all Distempers. You

You may make your Tea's or Gruels stronger or weaker, according to the quantity of the Herb you put into your Liquor. *Sage-Tea* is good for the Head, Memory, Eyes, and Palsie, and several other things. Read *Evelyn* on Sallads, p. 61. *Rosemary-Tea* is good for the Memory, Sight, Nerves, and Head. *Scurvy-grass-Tea* is good for the Scurvy. *Sweet-Marjoram*, *Limon-Thyme*, *Ground-Ivy*, *Mint*, *Peonyroyal*, *Mari-golds*, *Betony*, with divers others. See their Vertues in this Herbal.

### *Herbs Names from their Resemblance, &c.*

Arrow-head, is an Herb like the Head of a barbed Arrow; Scurvygrass is call'd Spoonwort, the Leaf represents the shape of a Spoon; Dandelion is like a Lyon's Tooth; Plantain is call'd Rib-wort, because every Leaf hath five Strings like Ribs; Swordflag resembles a Sword; Crowfoot, the Foot of a Crow; Teazel or *Venus-bason*, a Bason; Goatsbeard or *Tragapogon*, is like a Goat's Beard; Twablade has two Leafs; Trefoil, three Leafs; Herb-Paris hath four; Cinquefoil has five; Heptaphillon, because 7 Leafs; Butterbur feels as if melted Butter had been pour'd on it; Sundew hath a Dew upon it in the hottest weather; Saw-wort, its Leafs are nick'd like a Saw; Butterbur, because Butter is wrapt therein; Leadwort hath Leafs the colour of Lead; Houseleek, from growing on Houses: Bugloss is like an Ox's Tongue: Some Leafs have Sand about 'em always, as Mercury and Orage; the Leafs of all sorts of Scabious break with small things like Hairs in the middle, and so you may know it from Knapweed, which is like it: Pimpernel Leafs are spotted underneath; St. Johnswort and St. Peters-wort, held to the Light, has holes like a Sieve; Leaves of Rhubarb, Burdock, &c. are large and round; Docks are like Tobacco; Elecampane Leafs are long, large, and few; Thyme, Rue, Asparagus, Sprigwell, Fennel, &c. have many small Leafs;

Leafs; Leafs of Orpine, Aloes, and Houseleek are thick and oily; Stonecrop Leaves are long and round, like Rosemary; some Leafs are indented, as Radish, Vervain, Dandelion; some less indented, as Maudlin, Alheal, Tanfie, Sneefwort; Arsmart rough and spotted; Comfrey and Teazel are rough Leafs; Bearsbreech and Mandrake are smooth and glib: Burnet smells like a Cucumber; stinking Orage like Old Ling; Crosswort smells like Honey; Willow-weed like cod-dled Apples; Pasque-flower, Gentian or Felwort being squeez'd and smelt to, will bite the Nose; Coriander smells strong, so doth Smallage, Rue, Hemlock, Henbane; stinking Gladwin tastes like Roast-Beef; Pignuts taste like other Nuts; Vine-Leafs taste like Sorrel, so doth Barbary-bush; Rocket tastes like Milk burnt-to; Cuckowpint hath a biting taste, so hath Spearwort, Aloes, Lavender-cotton, and the lesser Centaury; Cresses, Garden-Ginger, and Terragon have a biting taste, but pleasant; Seaweed, Scurvygrass, and Samphire taste salt; Mirabolans and Fennelseed are sweet before ripe, but afterwards taste spiccy; Tamarinds, Barberries, Crabs and Sloes have a pleasant sharp taste; Euphorbium, Celandine, Sow-thistle, Spinage, old Lettuce, Figs from the Tree, are bitter. There is a Wormwood so like Lavender, that it can be known from it only by the smell and taste.

### *Select Remedies against the Plague, and any Venom or Poyson.*

#### *The King of Poland's Preservative against the Plague.*

**T**AKE of the best Vinegar six quarts, Juice of Celandine clarified nine pints, Leaves and Roots of Avens, Roots of Elecampane, of each one ounce; Roots of Angelica, Zedoary, Juniper-berries, of each

two ounces ; Sage one handful : Digest this two days in a gentle heat, then strain it and keep it in Bottles clean and stoppt.

This is a powerful Remedy, both for preserving from and curing the Plague, and other malignant Fevers : It also clears the Sight to a wonder, by taking a little Glas of it in the Morning fasting.

'Tis recorded, That no Person who drank this in the great Plague in 1592, was infected with it, but was preserv'd from it and all other Diseases.

*Another great Preservative against the Plague.*

Take Sage, Elder-leaves, *Rubus Idens*, Rue, Rosemary, Wood-sorrel, of each half a handful ; stamp 'em together in a Stone Mortar, then put 'em in a Stone Pitcher or other suchlike Vessel, and pour upon them a pint of good Whitewine, and a pint of Vinegar ; let it infuse 24 hours, then strain it, and add to the strain'd Liquor half a pint of Angelica-water ; then dissolve in it Mithridate and Venice-Treacle, of each one dram. Take of this Liquor one spoonful in the Morning, another at Night, and you shall be preserved. If you fear you have taken any Infection, take two or three spoonfuls of it, and go to Bed and sweat if possible.

*The great Preservative which Sir Kenelm Digby bid me prepare for his Family in the great Plague at London in 1665, was thus :*

Take a pound of the Leaves of Wood-sorrel, bruise 'em by themselves very well ; then take three pound of fine Sugar powder'd, and mix these together, keeping it stirring and beating for three hours ; then get four ounces of Mithridate or *London-Treacle* ; pound 'em all together for half an hour longer, then put it up in Gallipots, and tie it up close with a Bladder, Leather, or Paper.

In

In time of Infection take the quantity of a large Nutmeg every Morning fasting : and if you have taken any Infection, or if you find your self struck with any Disease at Heart, or Pain in the Stomach, take almost as much more, and get to Bed and sweat for an hour. Of this I took my self, and went up and down the City every day in the Plague-time, and yet thro' GOD's Blessing was preserv'd, so was all that took it. But to preserve in time of Infection, Sir *Kenelm* says 'tis good to eat some tops of Rue with Bread and Butter, and a little very old strong Cheese, in a Morning, and drink a Glas of Stomach-water, Claret, or Wine and Water after it.

*An excellent Perfume for a House in time of Infection.*

Take Talk, reduce it to pouders, and mix it with Vinegar, so burn it in a Fireshovel of Coals, and your House will ( by GOD's Assistance ) be preserv'd from Infection.

*Another Perfume.*

Take Roots of Angelica dry'd and powder'd, then mix the same with Vinegar, and let it sleep therein three or four days, so drop it on a hot Brick every Morning and Night.

In *Holland*, *Germany*, &c. in time of Infection they burn Juniper-berries in a Chafingdish or a Fireshovel of Coals, and go into every Room with it. If the Berries be bruise'd and mix'd with Vinegar, so burnt, 'twill be more effectual.

*The Lady Allen's Plague-water.*

Take Rue, Agrimony, Wormwood, Celandine, Sage, Balm, Mugwort, Dragons, Pimpernel, Marigolds, Featherfew,

therfeu, Burnet, Sorrel, Scabious, Wood-betony, brown Mayweed, Avens, Tormentile, Carduus Benedictus, of each one handful, Rosemary two handfuls; Angelica and Burdocks each one handful: Shred all these together very small, then steep 'em in the best White-wine, as much as will cover the Herbs; then slice in four ounces of Elecampane-root: Let all these steep three Days and Nights, stirring them every 12 hours. Cover the Tub close when you distill it; lay it not above an inch thick in the bottom. Save the first Running by it self.

### *The London Plague-Water.*

Take Roots of Angelica, Masterwort, Butterbur, Peony-roots, of each four ounces; Vipergrass, Virginia Snakeroot, each one ounce; Leafs of Rue, Rosemary, Balm, Carduus Benedictus, Scordium, Marigold with the Flowers, Dragon, Goatfrue, Mint, of each two handfuls: Shred the Herbs, cut the Roots, and stamp them a little, and infuse 'em for two days in six quarts of Nantz Brandy; then put thereto six quarts of fair Water, so distill it in an Alembick, drawing from it two gallons, which put up in Bottles, and hang two drams of Saffron in it ty'd up in a Rag: Or make the Tincture of two drams of Saffron with the first running, and mix that with the rest of your Water. To every quart of this Water put two ounces of fine Sugar.

This is excellent against the Plague and all malignant Disempers, as Small-pox, Measles, spotted and purple Fevers, &c. The Dose is from one ounce to two, in Angelica or Sage-water, sweetened with Syrup of Clovegilliflowers.

### *Dr. Bruges's Antidote against the Plague.*

Take Sage and Rue each one handful, shred and stamp 'em, then boil 'em in three pints of Malmsiey till

till a pint be consumed; then strain and set it over the Fire again, putting into it a Pennyworth of long Pepper, Ginger half an ounce, of Nutmegs and Cloves each two drams: Beat 'em all together, and let them boil a walm or two; then put into it an ounce of Mithridate, half an ounce of Treacle, and a quarter of a pint of hot Angelica water.

Take of this a spoonful at a time every Morning during the Contagion; and if infected before, take two spoonfuls and sweat upon it. Under GOD, you may depend upon this sovereign Antidote, for none that used it timely did ever find it fail. 'Tis likewise good in the Small-pox, Measles, or any malignant Fever.

### *Sir Walter Raleigh's Experiment to draw forth a Swelling or Plague-Sore.*

Take a Cock-Chicken, pull the Rump bare, and hold it close to the Sore till the Venom is drawn out, for then the Chicken will die; but you must apply a fresh one till the Chicken lives, and that will not be till all the Venom is out.

### *An approv'd Remedy for the Biting of mad Dogs, either in Man or Beast.*

Take a handful of Rue, shred and stamp it, one dram of Treacle, and a spoonful of the shavings or filings of Tin; put all these into a quart of Ale, and boil it till half be consumed, then strain it, and give the Patient thereof two spoonfuls at Morning and Night.

### *Another.*

Take rusty Bacon, stamp it well with Betony and Agrimony, each alike quantity, and apply to the Bite.

*A most excellent Remedy for Bitings of mad Dogs, Vipers, Serpents, or Snakes, experienc'd by a famous Chirurgion.*

Take of the lesser *Consolida* or Larkspur, Chervil, the white ends of Leeks, the tops of Broom, of each two handfuls, a little new Cream off the Morning Milk, and a good handful of Salt: Stamp them together in a Stone Mortar, and with the Juice rub the Part griev'd, which will be hard in the Flesh, and sometimes black, then lay it on the Part as a Poultice and tye it fast on with a Bandage; the Swelling in a short time will abate, and a Cure succeed. Sir *Kenelm Digby* says, That the same Chirurgion cured some with this Remedy when other Chirurgions would have cut off an Arm or Leg bit by venomous Beasts; and that, among the rest, he cured a Man in Sir *Kenelm's* presence, whose Arm was as black as Ink, by being bitten by a Serpent.

*Against Venom or Poyson.*

Take Seeds of Sage, bruise and boil them in Goats Milk, what quantity you please, till 'tis wasted to a third part: Drink thereof three days, and you will find it a sovereign and effectual Remedy.

*For biting of a Serpent or venomous Creature.*

Drink the Juice of Plantane, and stamp that and Celandine together, each a like quantity; temper them with Urine (the staler the better) and apply to the Sore; 'twill assuage the Swelling, and draw out the Venom. Also anoint the place with the Oil of Shell-snails, being prick'd with a Needle, and lay thereto a Snail unprick'd.